



Hi Five Netball Team



This Autumn term, our Year 6 pupils hosted a brilliant harvest assembly for the whole school. They told us about the importance of thanking those who grow our fruit and vegetables, and the importance of sharing when food is plentiful. The assembly was made even more special with two wonderful songs performed by Class Cound, and a beautiful poem read by Year 3, 4 and 5. We ended our assembly with a communal performance of our favourite song – Harvest Samba! A huge thank you to all who have donated food to our harvest collection, which was shared with charities in our local area.



KS2 took part in a cross country event held at Broseley Primary School last week.

We are really proud of how hard all the children tried - despite the mud!

Thank you for all the generous monetary and cake donations made in aid of children in need. You raised £141.95



Severn Class

Dear Parents,

What a brilliant start to the half term we have had! The children have settled into their learning wonderfully, beginning their persuasive brochure on Stonehenge in English, and mastering multiplication in Maths. This week we also began our new unit in Science on digestion, starting with all things teeth!

Next week in Science, we will be learning about the importance of keeping our teeth healthy. As part of the lesson, I have planned to use Plaque Disclosure Tablets. We will then show how brushing our teeth correctly will help remove the plaque. Pupils are invited to bring their toothbrush and toothpaste from home; however, I will have a number of disposables on hand just in case. The children may choose whether to participate in the activity. Nevertheless, it a brilliant opportunity to develop our scientific understanding through active, relevant learning; and I hope many will. This lesson will take place on Tuesday afternoon. Please do contact me with any questions regarding this activity.

PE/outdoor learning will be on the following days next week:

PE (Mr Jew) – Monday

Outdoor Learning – Thursday

PE (Yoga with Mrs Williams) – Friday

The children are also doing brilliantly with their homework, asking for help when they need it. So, thank you for your support with this. Homework continues to be due in on Monday, with a new homework set on Tuesdays. This half-term's KIRFs are in all homework books for the children to practice over the coming half term.

If you have any questions, please do not hesitate to contact me via email, a telephone call, or catch me on the playground. Thank you for your ongoing support.

Kind regards,

Mrs Williams

Cound Class

On Wednesday 22nd November – we are travelling to Broseley in the afternoon to take part in a PE event with other schools. PE kit should be worn to school and a waterproof coat brought in.

Please note NO PE for Cound class on Friday 24th November.

New events (in bold) so please keep an eye on the diary

November

22nd - KS1 Multisport event

30th - Severn & Cound Class Parent Consultation Meetings

December

1st- KS1 PE Event BPS

6th - Edge Schools Federation Carol Service

St Lawrence Church Church Stretton 6:30pm

12th - Cound Class Christmas Stay & Play pm

13th - Jolly Jumper day in aid of Birmingham Childrens Hospital

Christmas Lunch Day

15th - Pantomime Oakengates

21st December - 2nd January Christmas Holidays

3rd January - PD Day

February

2nd - NSPCC Numbers Day

Monday 12th - Friday 16th - HALF TERM

March

Tuesday 5th - Special Lunch Menu

Wednesday 27th March - Friday 5th April - Easter Holidays

May

Monday 6th May - Bank Holiday

Monday 27th - Friday 31st - HALF TERM

Friday 19th July - End of Term



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Are you following us on our
social media platforms or missing out?

Twitter: @churchpreen

Facebook: @churchpreenprimaryschool



Menu Weeks & Additional Information

WEEK 1

04/09/2023
25/09/2023
16/10/2023
13/11/2023
04/12/2023
01/01/2024
22/01/2024
19/02/2024
11/03/2024
15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024

WEEK 2

11/09/2023
02/10/2023
23/10/2023
20/11/2023
11/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 3

18/09/2023
09/10/2023
06/11/2023
27/11/2023
18/12/2023
15/01/2024
05/02/2024
04/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Free school meals:

Your child may be eligible for free school meals please contact your school for further information.

Theme day calendar

Look out for these fun menus throughout the year!



for further information
T: 01743 250250
www.shireservices.co.uk



Are you in receipt of any benefits?

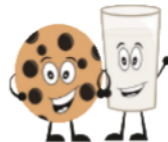
Could you be entitled to Free School meals,

Even parents of children in Reception, Year 1 and Year 2. Free school meals generates funding for your school so follow the link and see if you are entitled.

<https://shropshire.gov.uk/free-school-meals/>

WEEK 1

Fresh DINING



MONDAY

Everyday favourites

TUESDAY

WEDNESDAY

Mid-week roast

THURSDAY

FRIDAY

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

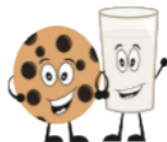


OPTION 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognaise	Chicken Nuggets
OPTION 2	Jacket Potato with Cheese & Baked Beans v	Vegetarian Sausage Roll v	Cheese & Potato Pie v	Vegetable Goujons v	Pizza Selection v
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

WEEK 2

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday
favourites

Mid-week
roast

Take-away
day

SAMMY
SWEETCORN
SAYS...

'Enjoy your
lunch'



OPTION
1

Fish Finger
Fish Cake
or Fish Shape

Breaded
Chicken Steak

Roast Beef
Yorkshire Pudding
& Gravy

Chicken Tikka
Masala

Pizza Selection

OPTION
2

Mac 'n' Cheese v

Quorn
Bolognese v

Roasted
Quorn Fillet
& Gravy v

Jacket Potato
with Cheese
& Baked Beans v

Nacho Bites v

CARBS

Diced Potatoes
or Crusty Bread

Potato Crunchies
or Garlic & Herb
Bread

Roast & Mashed
Potatoes

Rice
or Potato Wedges

Chips

PUDDING

Chocolate
Crunch

Waffle

Ice-cream Tub

Toffee Apple Slice
Custard

Fruity Friday
A selection of chilled,
frozen & fresh
fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans,
freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

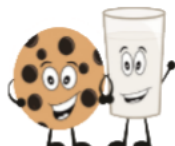
Church Preen Primary School

Food allergen & intolerance information - before ordering speak to our staff about your requirements

www.shireservices.co.uk

WEEK 3

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday
favourites

Mid-week
roast

Take-away
day

SAMMY
SWEETCORN
SAYS...

'Enjoy your
lunch'



OPTION
1

Sweet & Sour
Chicken

Beef Burger
with tomato ketchup

Roast Pork
Yorkshire Pudding
& Gravy

Mac 'n' Cheese
Chicken Bake

Shepherd's Pie

OPTION
2

BBQ Veggie
Hot Dog v

Vegetable &
Bean Burger v

Meat (free) Balls
Yorkshire Pudding
& Gravy v

Jacket Potato
with Cheese
& Baked Beans v

Pizza Selection v

CARBS

Pasta
or Potato Crunchies

Diced Potatoes

Roast & New
Potatoes

Potato Wedges
or Garlic &
Herb Bread

Chips

PUDDING

Flapjacks

Iced Cake

Waffle

Apple Puff Slice
Custard

Fruity Friday
A selection of chilled,
frozen & fresh
fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans,
freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

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TERM DATES 2023-24

Monday 4 th September	Training Day for school staff – school not open to pupils
Tuesday 5 th September – Thursday 26 th October	Pupil days
Friday 27 th October	Training day for school staff – school not open to pupils
Monday 30 th October – Friday 3 rd November	Half term holiday
Monday 6 th November – Wednesday 20 th December	Pupil days
Thursday 21 st December – Tuesday 2 nd January	Christmas holiday
Wednesday 3 rd January	Training day for school staff – school not open to pupils
Thursday 4 th January – Friday 9 th February	Pupil days
Monday 12 th February – Friday 16 th February	Half term holiday
Monday 19 th February – Friday 22 nd March	Pupil days
Monday 25 th March – Friday 5 th April	Easter holiday
Monday 8 th April – Friday 24 th May	Pupil days
Monday 6 th May	Bank Holiday - school not open to pupils
Monday 27 th May – Friday 31 st May	Half term holiday
Monday 3 rd June – Friday 19 th July	Pupil days

Shropshire Council

If you would like to find out about other services the Parenting Team offers please email Parenting_team@shropshire.gov.uk or call us on 01743 250950

Understanding YOUR Child

PARENTING HELP AND SUPPORT LINE

available
Monday to Thursday from 9.30am to 4.30pm
and
Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling
01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to support parents and carers to raise healthy, well-rounded children in a loving and stable environment.
Do you have any questions around child development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate Bank Holidays and between Christmas & New Year)

If you have concerns about a child's safety or well-being, please call
First Point of Contact 0345 678 9021

Understanding YOUR TEEN

www.shropshire.gov.uk
General Enquiries 0345 678 9000

What Parents & Carers Need to Know about

SOCIAL MEDIA & MENTAL HEALTH

An engaging one-third of children have a social media account, so it's important that trusted adults know what carers young people are consuming, what they're posting, and the interesting things they're having on social media. It can be easy to go down rabbit holes that aren't beneficial to our wellbeing. As parenting groups with Instagram, Facebook, Twitter, and YouTube, we're all familiar with the concept of scrolling through endless feeds of photos, videos, and posts. It's important to be aware of how much time we spend on these platforms and the impact it can have on our mental health.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content for you based on what you've interacted with in the past. This means that the more you interact with a post, the more likely it is to appear in your feed. This can lead to a filter bubble where you only see content that reinforces your existing beliefs and interests.

2. AVOID THE MAIN FEEDS

Instead of scrolling through the main feed, try using the 'Explore' page or search for specific topics. This can help you find more relevant and interesting content without the pressure of keeping up with the main feed.

3. DECIDE WHAT THEY'VE SEEN

Children should be encouraged to think critically about the content they see. Ask them questions like: 'Is this post realistic?' 'Is this post making me feel bad?' 'Is this post making me feel good?' This can help them develop a more balanced view of the world.

4. LEARN HOW TO HIDE CONTENT

Teach children how to use the 'hide' or 'report' buttons on social media. This can help them avoid seeing content that is not appropriate for them or that is making them feel uncomfortable.

5. SET DAILY LIMITS

Encourage children to set limits on how much time they spend on social media. This can help them avoid spending too much time on these platforms and staying focused on other activities.

6. MONITOR THEIR ACTIVITY

It's important to monitor your child's social media activity. This can help you identify any potential risks or issues early on. However, it's also important to respect their privacy and autonomy.

7. TURN OFF PUSH NOTIFICATIONS

Encourage children to turn off push notifications for social media apps. This can help them avoid being constantly interrupted by notifications and stay focused on their work or studies.

8. USE DEVICES TOGETHER

Use social media devices together as a family. This can help you monitor your child's activity and provide support and guidance when needed.

9. ENCOURAGE OTHER ACTIVITIES

Encourage children to engage in other activities besides social media. This can help them develop a more well-rounded life and avoid becoming overly reliant on social media for entertainment.

10. TALK ABOUT PEER PRESSURE

Discuss peer pressure with your child. Encourage them to stand up for themselves and not feel pressured to post or share content that they don't want to.

Meet Our Expert: Dr. Sarah Jones, a child psychologist, discusses the importance of social media literacy and how it can help children develop a healthy relationship with technology.

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com [@nationalonlinesafety](https://twitter.com/nationalonlinesafety) facebook.com/nationalonlinesafety instagram.com/nationalonlinesafety

What Parents & Carers Need to Know about

WHATSAPP

WhatsApp is the world's most popular messaging service, with over 2 billion users. It's a great way to stay connected with friends and family, but it's also important to be aware of the risks and how to stay safe.

WHAT ARE THE RISKS?

WhatsApp is a secure messaging service, but it's not perfect. There are several risks associated with using WhatsApp, including:

- SCAMS:** Scammers can use WhatsApp to contact you and try to trick you into giving them money or personal information.
- DISAPPEARING MESSAGES:** WhatsApp has a feature called 'disappearing messages' that allows users to send messages that will disappear after a set period of time. This can be used to hide evidence of wrongdoing.
- ENABLING FAKE NEWS:** WhatsApp has been used to spread fake news and misinformation. It's important to be critical of the information you see on WhatsApp.

HOW TO STAY SAFE

There are several ways to stay safe on WhatsApp:

- CREATE A SAFE PROFILE:** Make sure your profile picture and status are appropriate and don't reveal too much personal information.
- EXPLAIN ABOUT BLOCKING:** If you're blocked by someone, it's important to explain why. This can help them understand the situation and avoid future incidents.
- REPORT POTENTIAL SCAMS:** If you receive a scam message, report it to WhatsApp. This can help them take action against the scammer.
- DELETE ACCIDENTAL MESSAGES:** If you accidentally send a message, delete it as soon as possible. This can help prevent the message from being seen by the recipient.
- CHECK THE FACTS:** Before sharing any information on WhatsApp, check the facts. This can help prevent the spread of fake news and misinformation.

MEET OUR EXPERT

Parvathy is a social media expert and digital marketing specialist who has helped many businesses grow their online presence. She shares her top tips for staying safe on WhatsApp.

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