

Dear Parents and Carers,

School has been a little busier than usual over the last few weeks with plenty of exciting events and activities taking place.

Our magical mystery-themed World Book Day afternoon tea was very well supported with many parents able to engage in an afternoon of cake and books. Pupils from Severn Class took part in the Wenlock Olympians Live Arts festival and returned with bronze medals and certificates. Well done to all those who took part. Cound Class visited Shrewsbury and the Museum and Art Gallery and produced some fabulous printed art work. Pupils from across the school welcomed their mums and grandmas to our Mothers' Day lunch events.

Thank you to all who attended and to our hard-working staff who have enabled such events to take place.

I wish you all a happy and relaxing Easter break.

Mrs Phillips





- Would you like to know more about why sleep is important for our health and emotional well-being?
 - Does your child struggle with their sleep?
- Would you like to access help and support to improve sleep and bedtime routines?
 - Would you like to meet other parents/carers to share and discuss experiences?

SLEEP TIGHT WORKSHOP

Starts on Monday 15th April 2024 from 9.30am to 11.30am
at Whitchurch Infants School, Station Road, SY13 1RJ

Starts Wednesday 17th April 2024 from 9.30am to 11.30am
Virtually via MS Teams

Starts Monday 10th June 2024 from 12.30pm to 2.30pm
at Bridgnorth Youth Centre

Starts Wednesday 12th June 2024 from 9.30am to 11.30am
Virtually via MS Teams

The workshops are delivered virtually via MS Teams or face to face at a venue in Shropshire. Our workshops run for 5 weeks from the start date excluding the School Holidays.

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:
Emailing Parenting.team@shropshire.gov.uk
Or call us on 01743 250950

All our Workshops are free to Shropshire Council residents.



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

If you would like to find out about further help and support the Parenting Team offer please email
Parenting.team@shropshire.gov.uk
or call us on 01743 250950
All our services are free of charge to Shropshire Council residents.



PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?



UNDERSTANDING YOUR CHILD GROUPS From Toddler to Teen

Understanding Your Child starts on Wednesday 10th April 2024
From 12.30pm to 2.30pm in Shrewsbury at Sunflower House

Understanding Your Child SEND starts on Thursday 11th April 2024
from 9.30am to 11.30am Virtually via MS Teams

Understanding Your Child starts on Thursday 11th April 2024
From 1.15pm to 3.15pm in Bridgnorth at St Marys Bluecoat Primary School

Understanding Your Child SEND starts on Friday 12th April 2024
From 09.30am to 11.30am in Shrewsbury at Sunflower House

Understanding Your Child starts on Friday 12th April 2024
from 12.30pm to 2.30pm Virtually via MS Teams

The groups are delivered Virtually via MS Teams or Face to Face at a venue in Shropshire.

All our groups run for 10 weeks from the start date excluding the School Holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place on one of our groups or for further information on the groups we run please contact the Parenting Team by: Emailing: Parenting.team@shropshire.gov.uk or call us on telephone: 01743 250950

All our groups are free to Shropshire Council residents.



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

CLOSURE NOTICE from Shropshire Beam and Shropshire Wellbeing Zones Services

Shropshire Beam has been operating with the BeeU partnership in the area since 2017 and over the years we have supported many fantastic children, young people & parents. Unfortunately, our funding will come to an end in April 2024 and as a result both the Beam and Wellbeing Zone service will close.

Within the past year The Children's Society have had the privilege to work with 1578 young people for individual support and 4607 young people in therapeutic workshops. We recognise the impact this will have in the area once our service closes and are terribly disappointed by the news the funding will not continue.

Our staff have started to notify our children, young people and their families of the closure, with further details to be shared on wider TCS social media accounts. We have also provided links to our website which has a range of resources which will support children, young people and parents whilst identifying other great services across Shropshire, Telford and Wrekin.

There is so much for us to be proud of and we greatly appreciate all Shropshire Beam and Wellbeing Zone teams and would like to thank you for your support over these fabulous years.

The Children's Society Beam & Wellbeing Zone Teams

@ShropshireBeam

Should you wish to address this closure with comment please do send an email to The Service Manager at shropshirebeam@childrenssociety.org.uk



Dear Parents,

Thank you to all parents who were able to attend parent consultations this week. It is always brilliant to share your child/ren's successes and the learning in our classroom.

It's been a busy few weeks in Class Severn! We had a brilliant World Book Day – dressing as our favourite magical characters, creating dioramas, and most enjoyably, our Afternoon Tea with parents and friends of the school. British Science Week was next! We took part in a range of scientific enquiries within our unit on states of matter; 3&4 measuring temperature, 5&6 creating water filters. Do ask us about the Curly Wurly Challenge and Newtonian liquids!

At Church Preen, we value the opportunities to get involved with events in the local community. Several pupils from Class Severn attended Live Arts, organised by the Wenlock Olympian Society. They performed a powerful poem; Refugees by Brian Bilston. Donned with protest signs, the children showed an excellent understanding on the different viewpoints on the refugees crisis, placing 3rd in the competition. We are very proud of the empathy and maturity our pupils demonstrated when exploring this topic.

This week, our wonderful FIRST® LEGO® League Challenge teams competed in the final at Concord College. Developing their projects since September, pupils took part in three rounds of robotics programming challenges, shared their game coding skills, and presented their innovation project to a panel of judges. Our 'Preen Queens' received the Motivate Award for being the most supportive team – with particular reference to their 'intelligently brought together Netball shoe design'. Another pupil received the top award for Most Developed Project, smashing the robot programming with a score of 210! It was brilliant watching presentations from Concord pupils, realising where our newly developed computational thinking can take us! A huge thank you for parents supporting this amazing opportunity, and to Mr Weston at Concord for facilitating. We look forward to getting more of our pupils involved in next year's team!

All information has now gone out regarding our upcoming residential: Y3&4 – Pioneer, Y5&6 – Oakerwood. If you have any questions, please do not hesitate to contact the school to make an appointment, send me an email, or catch me on the playground at the end of the day. Thank you for your brilliant support.

Best wishes,

Mrs Williams





World Book Day 2024



Dear Parents / carers

This week was British Science week. Cound class took part in two NFU Science Farm live sessions. The first was about a day in the life of a farmer and the second, a day in the life of a farm vet. In our practical lessons, Y1.2 completed an Ice Escape investigation using different salt to try and help the animals frozen in ice, whilst the whole class carried out a Get Set Jellies investigation to determine if setting times were affected when different types of fruit are added.

In Computing, Reception created some Amazing Aliens whilst Y1.2 have been working out their own routes for the BeeBots, programming them and then debugging if it doesn't work.

In DT, Reception have created chairs for their soft toys and Y1.2 built their bridges from their design.



Shropshire Sings

A reminder to parents if you wish to purchase discounted tickets for Shropshire Sings you need to order these from Shop in School-Money. The deadline date for advance ticket sales is Friday 17th May. Tickets will be available to purchase thereafter 'on the door'.

New messaging service:

Please note after Easter we will cease to use ParentMail as our messaging platform, please look out for messages from ScholarPack. If you have not done so already, please could you return the data information sheet handed out during parent consults, to confirm that we have the correct contact details for your child.

OakerWood Y5 and Y6 residential.

Reminder that the final instalment date for residential is due 1st April. final details in letter from Mrs Williams, which includes kit list have gone out today

Easter Disco

The Easter disco is next Thursday. Letters have been sent home and the PTA would appreciate if the replies and monies could be returned by Monday at the latest.

At The National College, our WakeUpWednesday guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit nationalonlinesafety.com

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

- 1. DESIGNATE A TRUSTED ADULT**
It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.
- 2. MEET CHILDREN HALFWAY**
Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, young ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.
- 3. FACTOR IN THEIR BASIC NEEDS**
Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.
- 4. REMAIN PATIENT**
If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.
- 5. BE A 'DYSREGULATION DETECTIVE'**
While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit next to, an object nearby, or something else entirely. Once we identify some triggers we can help to avoid or overcome them.
- 6. USE SUITABLE LITERATURE**
There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content, ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at opportune moments.
- 7. TRY SENSORY RESOURCES**
An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fidget lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.
- 8. NURTURE FAKE INDEPENDENCE**
If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.
- 9. MODEL GENUINE FEELINGS**
Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. When they see us doing this, it shows them how to respond in a healthy manner.
- 10. FORMULATE A PLAN**
As much as we try to prevent children from experiencing dysregulation, it's also important to have an appropriate plan for when it does happen. We don't want to leave the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one. It's hugely important to know in advance what might help and what could worsen the situation.

Meet Our Expert
Dr. Catherine Johnson is an online safety specialist, educational researcher and author of the book 'The Emotional Regulation Skills of Children with SEND'. She has written various academic papers and contributed to research for the Department for Education and is a leading voice of young people in the UK, USA and Australia.

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about WHATSAPP

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients, not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp business features, not to personal messages.

WHAT ARE THE RISKS?

SCAMS

Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out, or asking to share their contact details to help with an emergency. These are all designed to trick you into disclosing payment details or transferring money to a scammer.

DISAPPEARING MESSAGES

Users can set WhatsApp messages to disappear after 24 hours, 7 days or 90 days by using the 'disappearing messages' feature. This means that messages sent to a contact will be automatically deleted after the chosen time period. However, if a contact has blocked you, you won't be able to see the messages. It would be difficult to prove that a contact has blocked you, but you can take a screenshot and save that as evidence.

ENABLING FAKE NEWS

WhatsApp has unfortunately been linked to accelerating the spread of disinformation. In India in 2018, some outbreaks of fake news led to violence against the minority community. WhatsApp has since taken steps to prevent its users circulating hazardous disinformation and has suspended accounts in the weeks of the Covid-19 pandemic.

Advice for Parents & Carers

CREATE A SAFE PROFILE

Even though someone would need a child's phone number to add them as a contact, it's still worth offering a young person a profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody'. Choosing one of the latter two ensures that your child's profile is better protected.

EXPLAIN ABOUT BLOCKING

If your child receives spam or offensive messages, calls or files from a contact, they should block them using settings in the chat. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.

LEAVE A GROUP

If your child is in a group chat that is making them feel uncomfortable, or if they have been added to a group chat by someone they don't know, they should leave the group. They can do this by going to the group chat, tapping on the group name at the top, and then tapping on 'leave group'. Once they've done this, the group chat will disappear from their phone, and they won't be able to see any messages sent after they've left.

THINK ABOUT LOCATION

If your child needs to use the 'live location' feature to share their position with someone, they should think about whether they want to share their location. If they do, they should only share it with someone they trust, and they should be aware that their location will be visible to that person for the duration of the time they've shared it.

DELETE ACCIDENTAL MESSAGES

If your child sends a message they don't want to send, they can delete it. They should go to the chat, tap on the message, and then tap on 'delete'. This will delete the message from their phone, but it won't delete it from the other person's phone.

CHECK THE FACTS

You can now fact-check messages you receive on WhatsApp. You can do this by tapping on the message, and then tapping on 'fact-check'. This will take you to a page where you can see if the message is true or false.

POTENTIAL CYBERBULLYING

Group chat and video calls are great for connecting with friends, but there's always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admins' feature gives the admin(s) of a group chat control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

CONTACT WITH STRANGERS

To start a WhatsApp chat, you only need to enter a phone number. This means that anyone who has your child's phone number can contact them. It's important to teach your child to be cautious about sharing their phone number with strangers.

LOCATION SHARING

The live location feature lets users share their current whereabouts. This is useful for parents and carers to know where their children are, but it's also a useful method for a young person to let loved ones know where they are. It's a useful method for a young person to let loved ones know where they are, but it's also a useful method for a young person to let loved ones know where they are.

Meet Our Expert
Parvati Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media world and is the founder of Kids Clicks, a resource that helps parents and children thrive in a digital world.

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

SMARTPHONE SAFETY TIPS for young people

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to use it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

- 1. NEVER SHARE YOUR PASSCODE**
Alongside face or fingerprint recognition, your passcode is a crucial part of keeping your phone secure. Never share your passcode with anyone, even if they're a friend or family member. If you do, they could use it to access your personal information, or even to delete your phone's data.
- 2. ONLY USE AGE-APPROPRIATE APPS**
Before downloading a new app or game, check what age rating it has. If it's not suitable for your age, don't download it. Some apps are designed for children, while others are for adults. It's important to make sure you're using apps that are appropriate for your age.
- 3. REMOVE TEMPTATION**
A good night's sleep is important for your health and wellbeing. Limiting your screen time before bed is a good idea. You can do this by putting your phone on 'do not disturb' mode, or by using a screen time lock. This will help you to get a good night's sleep.
- 4. THINK ABOUT OTHERS**
Watching videos, listening to music or calling someone can all help to pass the time while you're on the bus, or waiting in a queue. However, it's important to think about the people you're interacting with. If you're using a public phone, or if you're using a phone that belongs to someone else, it's important to be respectful of their privacy.
- 5. SWITCH OFF GEOLOCATION**
In your phone's settings, you'll be able to disable location tracking for individual apps and photos. This means that apps won't be able to track your location, and photos won't be able to share your location. This is a good way to protect your privacy.
- 6. IGNORE UNKNOWN NUMBERS**
There are some scammers who might call or text you, or ask you to click on a link. If you get a call from a number you don't know, or if you get a text from a number you don't know, don't answer the call or click on the link. It could be a scam.
- 7. DEVELOP HEALTHY HABITS**
Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. It's important to develop healthy habits when it comes to using your phone. You could try setting time limits on certain apps, or taking breaks from your phone throughout the day.
- 8. TALK TO A TRUSTED ADULT**
Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling worried, or if you're ever feeling confused, talk to a trusted adult. They can help you to understand how to use your phone safely.
- 9. STAY ALERT**
Two words: look up. It might sound obvious, but it's easy to get distracted by your phone. When you're walking, or when you're driving, it's important to stay alert. Don't use your phone while you're walking, and don't use your phone while you're driving.
- 10. RESPECT PARENTAL CONTROLS**
If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your phone, and it's important to respect them. If you break the rules, you could lose your phone.

Meet Our Expert
Dr. Catherine Johnson is an online safety specialist, educational researcher and author of the book 'The Emotional Regulation Skills of Children with SEND'. She has written various academic papers and contributed to research for the Department for Education and is a leading voice of young people in the UK, USA and Australia.

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What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. 'On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to their wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which to enthrall young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**
Algorithms decide what content you see based on what you've interacted with. If you like a video, the algorithm will show you more videos like it. This can lead to a 'rabbit hole' of content that you might not want to see. It's important to be aware of the algorithm and to take breaks from social media.
- 2. AVOID THE MAIN FEEDS**
Avoiding the main feeds can help you to avoid content that might be upsetting. You can do this by using the 'mute' or 'hide' options. This will help you to avoid content that might be upsetting.
- 3. DISCUSS WHAT THEY'VE SEEN**
Chatting about what your child's seen online can help you to understand what they're seeing. You can do this by asking them to show you what they've seen, or by talking to them about the content they've seen. This will help you to understand what they're seeing.
- 4. LEARN HOW TO HIDE CONTENT**
If your child stumbles across content that might be upsetting, they should learn how to hide it. They can do this by tapping on the three dots in the top right corner of the post, and then tapping on 'hide post'. This will help them to avoid content that might be upsetting.
- 5. SET DAILY LIMITS**
Phones and most apps can tell you how much time you've spent on them. You can set daily limits on how much time you can spend on them. This will help you to avoid spending too much time on social media.
- 6. MONITOR THEIR ACTIVITY**
Keeping a discreet eye on how your child is using social media can help you to understand what they're seeing. You can do this by checking their activity, or by talking to them about their activity. This will help you to understand what they're seeing.
- 7. TURN OFF PUSH NOTIFICATIONS**
Even for adults, it's tempting to check an email or message as soon as the alert sound plays. Push notifications encourage people to spend time on their devices, and spend time on their devices, and spend time on their devices. It's important to turn off push notifications to avoid spending too much time on social media.
- 8. USE DEVICES TOGETHER**
Giving children internet-enabled devices and complete freedom to explore platforms on their own can expose them to harmful content. You could consider making a family agreement about how to use devices. This will help you to avoid exposing your child to harmful content.
- 9. ENCOURAGE OTHER ACTIVITIES**
Mental health professionals often highlight the importance of exercise, healthy sleep and social support for good mental health. Encouraging your child to engage in other activities can help them to avoid spending too much time on social media.
- 10. TALK ABOUT PEER PRESSURE**
Most platforms default children's accounts to private, so only people they've accepted can see their posts. This can lead to peer pressure, as children may feel that they need to post certain content to fit in with their friends. It's important to talk to your child about peer pressure and to help them to resist it.

Meet Our Expert
Dr. Catherine Johnson is an online safety specialist, educational researcher and author of the book 'The Emotional Regulation Skills of Children with SEND'. She has written various academic papers and contributed to research for the Department for Education and is a leading voice of young people in the UK, USA and Australia.

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BREAKFAST WITH THE EASTER BUNNY!!



SATURDAY 23TH MARCH 2024

Church Preen Village Hall

9AM UNTIL 11AM

ENJOY A BUFFET BREAKFAST WITH THE EASTER BUNNY

EGG HUNT * EASTER CRAFTS AND GAMES * PRIZES

EASTER BONNET COMPETITION

(MAKE YOURS AT HOME AND PRIZES WILL BE GIVEN ON THE DAY)

CHILDREN £8 (to include an Easter gift as well as breakfast)

ADULTS £5 (to include breakfast bap, tea, coffee or juice)

FOR TICKETS CONTACT

Jess 07972516969

A ticket will be required for entry

Church Preen Preschool Committee

Registered Charity 1033121



THANK YOU
for supporting Red Nose Day

For helping to raise £40

New events (in bold) so please keep an eye on the diary

March

21st - LKS2 PE Event - Church Preen

21st - PTA Easter Disco 3:30pm - 5pm

22nd - Cressage Cup

Monday 25th March - Friday 5th April - Easter Holidays

April

Thursday 11th to Friday 12th April - Y3/4 Residential

17th - Cricket Engagement Day

23rd -25th - Y5/6 Oaker wood Residential

May

Monday 6th May - Bank Holiday

Monday 13th - Thursday 16th - SATS WEEK

Monday 27th - Friday 31st - HALF TERM

June

Tuesday 4th - School Photographs

Monday 10th - Shropshire Sings 18:30pm

Friday 14th - Cound Kwik Cricket

Friday 19th July - End of Term



shutterstock.com - 281364161

Are you following us on our
social media platforms or missing out?

Twitter: @churchpreen

Facebook: @churchpreenprimaryschool



Menu Weeks & Additional Information

WEEK 1

04/09/2023
25/09/2023
16/10/2023
13/11/2023
04/12/2023
01/01/2024
22/01/2024
19/02/2024
11/03/2024
15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024

WEEK 2

11/09/2023
02/10/2023
23/10/2023
20/11/2023
11/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 3

18/09/2023
09/10/2023
06/11/2023
27/11/2023
18/12/2023
15/01/2024
05/02/2024
04/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Free school meals:

Your child may be eligible for free school meals please contact your school for further information.

Theme day calendar

Look out for these fun menus throughout the year!



for further information
T: 01743 250250
www.shireservices.co.uk



Are you in receipt of any benefits?

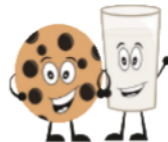
Could you be entitled to Free School meals,

Even parents of children in Reception, Year 1 and Year 2. Free school meals generates funding for your school so follow the link and see if you are entitled.

<https://shropshire.gov.uk/free-school-meals/>



Fresh DINING



MONDAY

Everyday favourites

TUESDAY

WEDNESDAY

Mid-week roast

THURSDAY

FRIDAY

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

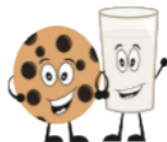


OPTION 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognaise	Chicken Nuggets
OPTION 2	Jacket Potato with Cheese & Baked Beans v	Vegetarian Sausage Roll v	Cheese & Potato Pie v	Vegetable Goujons v	Pizza Selection v
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

WEEK 2

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1

Fish Finger
Fish Cake
or Fish Shape

Breaded
Chicken Steak

Roast Beef
Yorkshire Pudding
& Gravy

Chicken Tikka
Masala

Pizza Selection

OPTION 2

Mac 'n' Cheese v

Quorn
Bolognese v

Roasted
Quorn Fillet
& Gravy v

Jacket Potato
with Cheese
& Baked Beans v

Nacho Bites v

CARBS

Diced Potatoes
or Crusty Bread

Potato Crunchies
or Garlic & Herb
Bread

Roast & Mashed
Potatoes

Rice
or Potato Wedges

Chips

PUDDING

Chocolate
Crunch

Waffle

Ice-cream Tub

Toffee Apple Slice
Custard

Fruity Friday
A selection of chilled,
frozen & fresh
fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Church Preen Primary School

Food allergen & intolerance information - before ordering speak to our staff about your requirements

www.shireservices.co.uk

WEEK 3

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1

Sweet & Sour
Chicken

Beef Burger
with tomato ketchup

Roast Pork
Yorkshire Pudding
& Gravy

Mac 'n' Cheese
Chicken Bake

Shepherd's Pie

OPTION 2

BBQ Veggie
Hot Dog v

Vegetable &
Bean Burger v

Meat (free) Balls
Yorkshire Pudding
& Gravy v

Jacket Potato
with Cheese
& Baked Beans v

Pizza Selection v

CARBS

Pasta
or Potato Crunchies

Diced Potatoes

Roast & New
Potatoes

Potato Wedges
or Garlic &
Herb Bread

Chips

PUDDING

Flapjacks

Iced Cake

Waffle

Apple Puff Slice
Custard

Fruity Friday
A selection of chilled,
frozen & fresh
fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Church Preen Primary School

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TERM DATES 2023-24

Monday 4 th September	Training Day for school staff – school not open to pupils
Tuesday 5 th September – Thursday 26 th October	Pupil days
Friday 27 th October	Training day for school staff – school not open to pupils
Monday 30 th October – Friday 3 rd November	Half term holiday
Monday 6 th November – Wednesday 20 th December	Pupil days
Thursday 21 st December – Tuesday 2 nd January	Christmas holiday
Wednesday 3 rd January	Training day for school staff – school not open to pupils
Thursday 4 th January – Friday 9 th February	Pupil days
Monday 12 th February – Friday 16 th February	Half term holiday
Monday 19 th February – Friday 22 nd March	Pupil days
Monday 25 th March – Friday 5 th April	Easter holiday
Monday 8 th April – Friday 24 th May	Pupil days
Monday 6 th May	Bank Holiday - school not open to pupils
Monday 27 th May – Friday 31 st May	Half term holiday
Monday 3 rd June – Friday 19 th July	Pupil days