

Dear Parents and Carers,

Last week saw our Y5 and Y6 pupils take part in Bikeability, to give them the skills to ride their bikes safely on a public highway. Their two day course was unfortunately interrupted by the extreme weather we had. As luck would have it, the instructors were both available again on Friday and everyone was able to successfully complete the course. Well done to all our Y5 and Y6 pupils.

This week saw our Cound Class pupils visit Shrewsbury and our Severn Class pupils attend a federation rehearsal for the Shropshire Sings event which will take place in June. Please let us know if your child will or will not be attending.

We have also been made aware that some children are accessing games which are suitable for 18 years+ so please take the time to check what your children are playing.

On Tuesday 12th March, both classes will be holding their parent consultations. Please ensure that you have returned your reply slips so that we can arrange appointments, accommodating your time requests wherever possible.

Mrs Phillips

Super Readers



The final draw for the lottery has been made and the February winners are as follows

1st Prize No. 35 Jo Ainsworth

2nd Prize No. 28 Becky Beak

3rd Prize No. 3 Edith Jones

We would also like to thank Mrs Dawson for her commitment in running the 100 club over the last five years. It has generated super funds for our school to help provide

all the little extras.



- Would you like to know more about why sleep is important for our health and emotional well-being?
 - Does your child struggle with their sleep?
- Would you like to access help and support to improve sleep and bedtime routines?
 - Would you like to meet other parents/carers to share and discuss experiences?

SLEEP TIGHT WORKSHOP

Starts on Monday 15th April 2024 from 9.30am to 11.30am
at Whitchurch Infants School, Station Road, SY13 1RJ

Starts Wednesday 17th April 2024 from 9.30am to 11.30am
Virtually via MS Teams

Starts Monday 10th June 2024 from 12.30pm to 2.30pm
at Bridgnorth Youth Centre

Starts Wednesday 12th June 2024 from 9.30am to 11.30am
Virtually via MS Teams

The workshops are delivered virtually via MS Teams or face to face at a venue in Shropshire. Our workshops run for 5 weeks from the start date excluding the School Holidays.

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:
Emailing Parenting.team@shropshire.gov.uk
Or call us on 01743 250950

All our Workshops are free to Shropshire Council residents.



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

If you would like to find out about further help and support the Parenting Team offer please email
Parenting.team@shropshire.gov.uk
or call us on 01743 250950
All our services are free of charge to Shropshire Council residents.

UNDERSTANDING YOUR CHILD



PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?



UNDERSTANDING YOUR CHILD GROUPS From Toddler to Teen

Understanding Your Child starts on Wednesday 10th April 2024
From 12.30pm to 2.30pm in Shrewsbury at Sunflower House

Understanding Your Child SEND starts on Thursday 11th April 2024
from 9.30am to 11.30am Virtually via MS Teams

Understanding Your Child starts on Thursday 11th April 2024
From 1.15pm to 3.15pm in Bridgnorth at St Marys Bluecoat Primary School

Understanding Your Child SEND starts on Friday 12th April 2024
From 09.30am to 11.30am in Shrewsbury at Sunflower House

Understanding Your Child starts on Friday 12th April 2024
from 12.30pm to 2.30pm Virtually via MS Teams

The groups are delivered Virtually via MS Teams or Face to Face at a venue in Shropshire.

All our groups run for 10 weeks from the start date excluding the School Holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place on one of our groups or for further information on the groups we run please contact the Parenting Team by: Emailing: Parenting.team@shropshire.gov.uk or call us on telephone: 01743 250950

All our groups are free to Shropshire Council residents.



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

CLOSURE NOTICE from Shropshire Beam and Shropshire Wellbeing Zones Services

Shropshire Beam has been operating with the BeeU partnership in the area since 2017 and over the years we have supported many fantastic children, young people & parents. Unfortunately, our funding will come to an end in April 2024 and as a result both the Beam and Wellbeing Zone service will close.

Within the past year The Children's Society have had the privilege to work with 1578 young people for individual support and 4607 young people in therapeutic workshops. We recognise the impact this will have in the area once our service closes and are terribly disappointed by the news the funding will not continue.

Our staff have started to notify our children, young people and their families of the closure, with further details to be shared on wider TCS social media accounts. We have also provided links to our website which has a range of resources which will support children, young people and parents whilst identifying other great services across Shropshire, Telford and Wrekin.

There is so much for us to be proud of and we greatly appreciate all Shropshire Beam and Wellbeing Zone teams and would like to thank you for your support over these fabulous years.

The Children's Society Beam & Wellbeing Zone Teams

@ShropshireBeam

Should you wish to address this closure with comment please do send an email to The Service Manager at shropshirebeam@childrenssociety.org.uk



Dear Parents

On Wednesday Cound class had a fantastic trip to Shrewsbury. They behaved impeccably and were a real credit to the school. We visited several landmarks around the town before heading to SMAG where we took part in a printing workshop. I will be collecting the finished pieces next week as they take a few days to dry.

We are now into Week 2 of our new end of the day class story "Shona Sharma – Looking After Planet Earth." It has been lovely to see the children place posters and notes they have made around the classroom reminding us to turn the lights off, the taps off and the heating down.

In Computing, we have had great fun learning how to program a floor robot and have sent it on a journey around a map of the British Isles to visit the 4 countries and the 4 capital cities.

D & T Lesson - Tuesday 5th - RECEPTION CHILDREN ONLY! Please bring in a named teddy (not too big) for their D&T lesson next Tuesday please?

Date for your Diary - Mrs Ross is organising a Stay and Play for Tuesday 19th March from 1.45pm. Further details to follow.

Next week our Reception children will be creating scarecrows. If you can help by providing any of these materials, we would be most grateful to receive them. Please can you bring in anything you have on Wednesday 6th March.

Kind regards

Miss Wilde

❓ Junk modelling materials

❓ Bamboo canes

❓ Old clothes, e.g. shirt or jumper, trousers, hat, gloves

❓ Old pairs of tights

❓ Straw to stuff the scarecrow



10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

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1. DESIGNATE A TRUSTED ADULT

It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing time to go over and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this "co-regulation". Rather than offering strategies for self-regulating, it could be better to start co-regulating with a trusted adult first.

3. FACTOR IN THEIR BASIC NEEDS

Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT

If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE A DYSREGULATION DETECTIVE

While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be something they see, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

6. USE SUITABLE LITERATURE

There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. It's a time to discuss the content, ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

7. TRY SENSORY RESOURCES

An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). A tactile sensory input can help calm them down. Use resources such as weighted blankets and therapy lights, or fidgets, which works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.

8. NURTURE INDEPENDENCE

If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

9. MODEL GENUINE FEELINGS

Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should also see you experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.





10. FORMULATE A PLAN

As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a mixture of things. It's hugely important to know in advance what situations and what could worsen the situation.

Meet Our Expert



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SMARTPHONE SAFETY TIPS

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

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- ## NEVER SHARE YOUR PASSWORD
- Alongside face or fingerprint unlocking, your phone is crucial to unlocking your apps and accessing your personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a sleep around if a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.
- ## RESPECT PARENTAL CONTROLS
- If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spend your money or to help you even hazards like too much screen time or easily in your way. If you break these rules means you can enjoy using your phone while respecting their wishes.
- ## TALK TO A TRUSTED ADULT
- Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you ever feel anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings. Instead, talk to a trusted adult about what's happening and how it's making you feel.
- ## STAY ALERT
- Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at to forget to look up. When we can become unaware of our surroundings, it's easy to miss things around us. People often work with their head down, focusing on their phone, and forget to take physical obstacles in their path, cars or other things that could be dangerous. This is clearly dangerous.
- ## DEVELOP HEALTHY HABITS
- Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.
- ## IGNORE UNKNOWN NUMBERS
- There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some might claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safer to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.
- ## ONLY USE AGE-APPROPRIATE APPS
- Before downloading a new app or website, always check its age. Don't feel pressured into getting a new app or website just because your friend gave it to you. It's intended for older people, there's a definite risk that it could be harmful (which is violent or frightening, for instance), or language which isn't suitable and may leave you feeling upset or disturbed.
- ## REMOVE TEMPTATION
- A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not using a smartphone at night – can not improve sleep quality. Put your phone away for the night, but not in your room. This means you'll have a little less temptation to check any notifications, reply to messages or scroll on social media.
- ## THINK ABOUT OTHERS
- Watching videos, listening to music or scrolling someone's social media can all help to pass the time while we're on the bus, waiting in a queue or sitting on the street. It's important to remain aware of other people around, though, who might not want to hear your tunes or see your photos. If you're calling from a public place then don't forget that anyone could overhear something personal about you.
- ## SWITCH OFF GEOLOCATION
- In your phone's settings, you'll be able to disable geolocation for individual apps. Switching it off means that people online (including apps) can't see where you are at any time about where you are when you share photos or videos. It's important to imagine, it's also important to ask yourself: how often are you sharing a picture of someone – and don't forget to think about images or stories of people who are sharing a picture of someone – and don't
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What Parents & Carers Need to Know about WHATSAPP

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for education.

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients: not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but its new policy was widely misinterpreted – it only related to WhatsApp's business features, not to personal messages.

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- WHAT ARE THE RISKS?**
...TYPING...
- PRIZE**
- POTENTIAL CYBERBULLYING**
Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for cyberbullying. A person's feelings to be hurt by an admin/feature given the admin(s) of a group chat could get over the top. Messages, they can, for example, block someone from posting in a chat, which could make a child feel excluded and upset.
- CONTACT FROM STRANGERS**
To start a WhatsApp chat, you only need the mobile number of the person you want to message. (The other person also needs to have the app.) WhatsApp can recognise and recognise which of its contacts also use WhatsApp. To figure out whether their phone number to someone they don't know, that person could use it to contact them via WhatsApp.
- LOCATION SHARING**
The live location feature lets users share their current whereabouts, allowing friends to see their movements. WhatsApp describes it as a simple and secure way to let people know where you are. It also allows a young person to let loved ones know they're safe when they travel. If they don't know, they would be exposing their location to them, too.
- ENABLING FACE NEWS**
WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mass violence could have been avoided by false news about being struck on the spot. WhatsApp itself took steps to combat this, but it has been criticised for theories and speculation in the early weeks of the Covid-19 pandemic.
- ONLINE**
- TEXT**

Advice for Parents & Carers

- ### CREATE A SAFE PROFILE

Even though others would need a child's name to find out what you did on a contact, it's also worth altering a young person's profile to make it less identifiable. Change their photo and status. The options are: "I'm not a fan of this person," "I'm not a friend of this person," or "I'm not a contact of this person." Choosing one of the latter two ensured that your child's profile is better protected.

EXPLAIN ABOUT BLOCKING

If your child receives pass or offensive messages, calls or texts from someone they don't want to talk to, they should block them using 'settings' in the chat app. This will prevent the person from showing up on their device and stops undesired messages from coming in. Remind your child's contact list, so they also need to be deleted from the address book.

REPORT POTENTIAL SCAMS

Young people shouldn't engage with any message that seems suspicious or good to be true. When your child receives a message that seems suspicious, tell them at the first time. They'll be given the option to report the message as a scam. It's important to be a friend or relative, and that person on their friend number to verify it. If it's not, it's someone trying to trick your child.

LEAVE A GROUP

If your child is in a group chat that is about to be deleted, or if they have been added to a group chat that is about to be deleted, they should leave the group chat. They can do this by going to the group chat, tapping on the group name, and then tapping on the 'leave' button. If they can't find the 'leave' button, they should ask a friend to help them. If they can't find the 'leave' button, they should ask a friend to help them. If they can't find the 'leave' button, they should ask a friend to help them.

THINK ABOUT LOCATION

If your child needs to use the 'live' location feature, they should only use it with one of their friends where they are. They should not use it with anyone else. They should not use it with anyone else. They should not use it with anyone else.

DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, they should go to the message, tap on the 'delete' button, and then tap on 'delete for everyone'. This will delete the message for everyone. They should not use the 'delete for me' button. They should not use the 'delete for me' button.

CHECK THE FACTS

You can now fact-check WhatsApp messages. You have been forwarded a message that seems suspicious or good to be true. You should check the facts. You should check the facts. You should check the facts.

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Digital media

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What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be doubted by the scale of the tech giants and their content which so entrains young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

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- ## UNDERSTAND THE ALGORITHM
- Algorithms rank content by user preferences, which regularly interacts with sports news, say, will have more visibility than top-level feed. Likewise, if a user browses a post about a certain topic, what will be recommended to them in future. Parents can check their child's feed and look for posts which reflect their interest. Find similar content but suggested to them more and more.
- ## 2. AVOID THE MAIN FEEDS
- Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only follow the accounts they follow, use restricted modes, or tweak post settings they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.
- ## 3. DISCUSS WHAT THEY'VE SEEN
- Crystallize about what your child's seen online keeps you aware of the content they're interacting with. One way to do this is parents are knowing out loud what your child would recognize as content that's inappropriate. When they find it, what posts they like and what they share. If they find something interesting, it could be time for a more involved discussion about next steps.
- ## 4. LEARN HOW TO USE CONTENT
- If your child chooses a screen-unfriendly content on social media, it's better to hide that post as well as indicating why a particular piece of material might be suggested in future. On some platforms, parents can be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- ## 5. SET DAILY LIMITS
- Phones and most apps can tell us how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen-free limits and tech-free spaces; involving your child in creating this agreement.
- ## 6. MONITOR THEIR ACTIVITY
- keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need permission to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.
- ## 7. TURN OFF PUSH NOTIFICATIONS
- Even for adults, it's tempting to check an email or message as soon as you get an alert. Kids are even more susceptible to short-winded pings. Encourage them to open their apps and turn them off. It'll save your child from distraction and also means they won't have other things that we need to focus on. Turn off push notifications as well as setting them, when we have more time.
- ## 8. USE DEVICES TOGETHER
- Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to highly dramatic content. You could consider making a particular area of home a designated space to use phones, tablets and so on – making it clear there's no roomy what content your child is viewing and if necessary a rule there's no roomy any potentially harmful posts.
- ## 9. ENCOURAGE OTHER ACTIVITIES
- Mental health professionals often highlight the importance of having quality time with loved ones. A lot of our kids spend time doing for our mental wellbeing. Spending hours on social media can mean less time for other activities that our brains need to be healthy. Encourage your child to put down their phone and enjoy some time doing something else. Screen can be immensely beneficial.
- ## 10. TALK ABOUT PEER PRESSURE
- Most platforms default children's accounts to private, so unless they've accepted as friends can see their posts. It's really important that they understand comments, but – as the online life isn't always real – it can still make children feel bad if they send to get or lose a friend or like. Talk to your child about peer pressure.

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Dear Parents,

It's been a brilliant few weeks in Class Severn. We've begun our Art unit – Cloth, Thread, Paint, developed our compass reading skills in geography, and have been exploring states of matter in Science. Year 5s and 6s also enjoyed a brilliant few days taking part in Bikeability!

This week, we also joined the schools across the Federation for a brilliant singing practice for Shropshire Sings. Please return any permission slips for Shropshire Sings into school so that we can confirm numbers for the event on Monday 10th June.

Our Year 6s have had a brilliant start to their SATs revision. Year 6 parents, and pupils, are invited to join me for an information session on Monday 4th March at 3.30pm. During this session we will explain how SATs work, how we are supporting your child through them, and tips for supporting your child at home.

Upcoming events:

SATs Parent Meeting: 3.30pm 4th March

Mother's Day Lunch: 6th March

World Book Day: 7th March

Live Arts Performance: 10th March

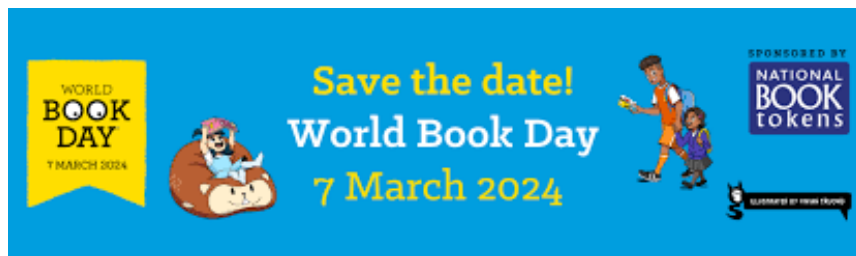
British Science Week: 11th- 15th March

We continue to set homework every Tuesday, due in the following Monday. PE kits should come into school on Monday and be taken home on Fridays. Outdoor Learning will continue to take place for the rest of the year on Friday afternoons. If you have any questions, please do not hesitate to contact the school to make an appointment, send me an email, or catch me on the playground at the end of the day. Thank you for your brilliant support.

Best wishes,

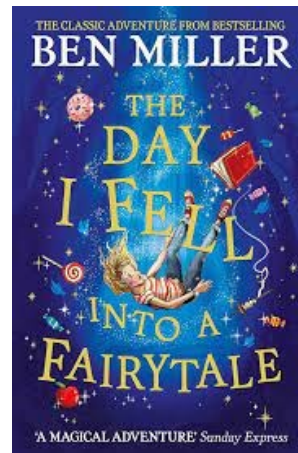
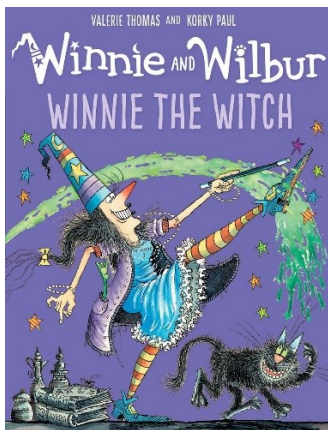
Mrs Williams



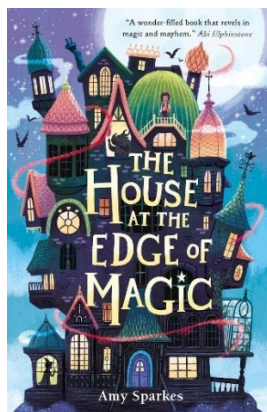
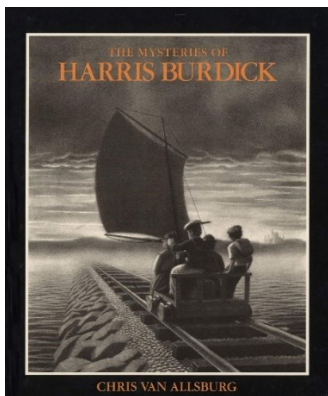


As part of our celebration of World Book Day with its theme “Mystery and Magic”, we have sourced a few books as **recommended reads** for display in school.

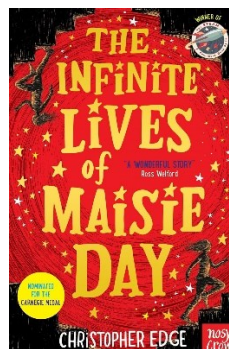
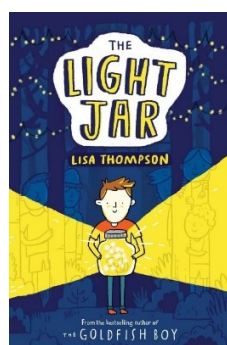
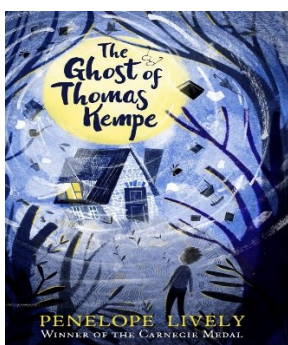
Ages 5-7



Age 8-9



Age 9-11



WORLD
BOOK
DAY
7 MARCH 2024

MENU

The Tiger who came to Tea
Sophie's Sausages (Pork & Vegetarian)

The Hungry Caterpillar
Cheese & Vegetable Stacker v

Nimbus 2001
Garlic & Herb Wedges

Bertie Bott's everyday favourite Baked Beans

Fungus the Bogey Man
Green Slime Jelly

Harry Potter's
Butterbeer (Butterscotch Angel Delight)



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Food Allergies & Intolerances - Before ordering, please speak to our staff about your requirements

CHOCOLATE TUESDAY

A selection of
chocolate
desserts
every
Tuesday



WHAT
WILL YOU
CHOOSE?



there will
be lots of
favourites like
Chocolate
Cookies
Brownies
& Cupcakes
to name a few...

Fresh DINING

Food Allergies & Intolerances - Before ordering, please speak to our staff about your requirements

BREAKFAST WITH THE EASTER BUNNY!!



SATURDAY 23TH MARCH 2024

Church Preen Village Hall

9AM UNTIL 11AM

**ENJOY A BUFFET BREAKFAST WITH THE EASTER BUNNY
EGG HUNT * EASTER CRAFTS AND GAMES * PRIZES**

EASTER BONNET COMPETITION

(MAKE YOURS AT HOME AND PRIZES WILL BE GIVEN ON THE DAY)

CHILDREN £8 (to include an Easter gift as well as breakfast)

ADULTS £5 (to include breakfast bap, tea, coffee or juice)

FOR TICKETS CONTACT

Jess 07972516969

A ticket will be required for entry
Church Preen Preschool Committee
Registered Charity 1033121



New events (in bold) so please keep an eye on the diary

March

Tuesday's in March - Special Lunch Menu

SATs Parent Meeting: 3.30pm 4th March

6th & 13th Mothers Day Lunch -details to follow

7th - World Book Day & Special Lunch

10th March: Live Arts Performance

11th- 15th March: British Science Week

Tuesday 12th March - Parents Consultation- **Appointment slips returned via your child**

21st - LKS2 PE Event - Church Preen

22nd - Cressage Cup

Monday 25th March - Friday 5th April - Easter Holidays

April

Thursday 11th to Friday 12th April - Y3/4 Residential

17th - Cricket Engagement Day

24th - Y5/6 Oaker wood Residential

May

Monday 6th May - Bank Holiday

Monday 27th - Friday 31st - HALF TERM

Friday 19th July - End of Term



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Are you following us on our
social media platforms or missing out?

Twitter: @churchpreen

Facebook: @churchpreenprimaryschool



Menu Weeks & Additional Information

WEEK 1

04/09/2023
25/09/2023
16/10/2023
13/11/2023
04/12/2023
01/01/2024
22/01/2024
19/02/2024
11/03/2024
15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024

WEEK 2

11/09/2023
02/10/2023
23/10/2023
20/11/2023
11/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 3

18/09/2023
09/10/2023
06/11/2023
27/11/2023
18/12/2023
15/01/2024
05/02/2024
04/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Free school meals:

Your child may be eligible for free school meals please contact your school for further information.

Theme day calendar

Look out for these fun menus throughout the year!



for further information
T: 01743 250250
www.shireservices.co.uk



Are you in receipt of any benefits?

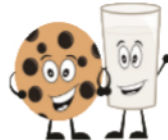
Could you be entitled to Free School meals,

Even parents of children in Reception, Year 1 and Year 2. Free school meals generates funding for your school so follow the link and see if you are entitled.

<https://shropshire.gov.uk/free-school-meals/>



Fresh DINING



MONDAY

Everyday favourites

TUESDAY

WEDNESDAY

Mid-week roast

THURSDAY

FRIDAY

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

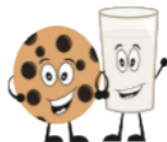


OPTION 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognaise	Chicken Nuggets
OPTION 2	Jacket Potato with Cheese & Baked Beans v	Vegetarian Sausage Roll v	Cheese & Potato Pie v	Vegetable Goujons v	Pizza Selection v
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

WEEK 2

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday
favourites

Mid-week
roast

Take-away
day

SAMMY
SWEETCORN
SAYS...

'Enjoy your
lunch'



OPTION
1

Fish Finger
Fish Cake
or Fish Shape

Breaded
Chicken Steak

Roast Beef
Yorkshire Pudding
& Gravy

Chicken Tikka
Masala

Pizza Selection

OPTION
2

Mac 'n' Cheese v

Quorn
Bolognese v

Roasted
Quorn Fillet
& Gravy v

Jacket Potato
with Cheese
& Baked Beans v

Nacho Bites v

CARBS

Diced Potatoes
or Crusty Bread

Potato Crunchies
or Garlic & Herb
Bread

Roast & Mashed
Potatoes

Rice
or Potato Wedges

Chips

PUDDING

Chocolate
Crunch

Waffle

Ice-cream Tub

Toffee Apple Slice
Custard

Fruity Friday
A selection of chilled,
frozen & fresh
fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans,
freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

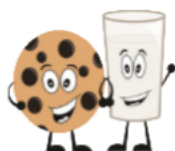
Church Preen Primary School

Food allergen & intolerance information - before ordering speak to our staff about your requirements

www.shireservices.co.uk

WEEK 3

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday
favourites

Mid-week
roast

Take-away
day

SAMMY
SWEETCORN
SAYS...

'Enjoy your
lunch'



OPTION
1

Sweet & Sour
Chicken

Beef Burger
with tomato ketchup

Roast Pork
Yorkshire Pudding
& Gravy

Mac 'n' Cheese
Chicken Bake

Shepherd's Pie

OPTION
2

BBQ Veggie
Hot Dog v

Vegetable &
Bean Burger v

Meat (free) Balls
Yorkshire Pudding
& Gravy v

Jacket Potato
with Cheese
& Baked Beans v

Pizza Selection v

CARBS

Pasta
or Potato Crunchies

Diced Potatoes

Roast & New
Potatoes

Potato Wedges
or Garlic &
Herb Bread

Chips

PUDDING

Flapjacks

Iced Cake

Waffle

Apple Puff Slice
Custard

Fruity Friday
A selection of chilled,
frozen & fresh
fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans,
freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

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TERM DATES 2023-24

Monday 4 th September	Training Day for school staff – school not open to pupils
Tuesday 5 th September – Thursday 26 th October	Pupil days
Friday 27 th October	Training day for school staff – school not open to pupils
Monday 30 th October – Friday 3 rd November	Half term holiday
Monday 6 th November – Wednesday 20 th December	Pupil days
Thursday 21 st December – Tuesday 2 nd January	Christmas holiday
Wednesday 3 rd January	Training day for school staff – school not open to pupils
Thursday 4 th January – Friday 9 th February	Pupil days
Monday 12 th February – Friday 16 th February	Half term holiday
Monday 19 th February – Friday 22 nd March	Pupil days
Monday 25 th March – Friday 5 th April	Easter holiday
Monday 8 th April – Friday 24 th May	Pupil days
Monday 6 th May	Bank Holiday - school not open to pupils
Monday 27 th May – Friday 31 st May	Half term holiday
Monday 3 rd June – Friday 19 th July	Pupil days