

Dear Parents and Carers,

Last week saw our Y5 and Y6 pupils take part in Bikeability, to give them the skills to ride their bikes safely on a public highway. Their two day course was unfortunately interrupted by the extreme weather we had. As luck would have it, the instructors were both available again on Friday and everyone was able to successfully complete the course. Well done to all our Y5 and Y6 pupils.

This week saw our Cound Class pupils visit Shrewsbury and our Severn Class pupils attend a federation rehearsal for the Shropshire Sings event which will take place in June. Please let us know if your child will or will not be attending.

We have also been made aware that some children are accessing games which are suitable for 18 years+ so please take the time to check what your children are playing.

On Tuesday 12th March, both classes will be holding their parent consultations. Please ensure that you have returned your reply slips so that we can arrange appointments, accommodating your time requests wherever possible.

Mrs Phillips

Super Readers



The final draw for the lottery has been made and the February winners are as follows

1st Prize No. 35 Jo Ainsworth

2nd Prize No. 28 Becky Beak

3rd Prize No. 3 Edith Jones

We would also like to thank Mrs Dawson for her commitment in running the 100 club over the last five years. It has generated super funds for our school to help provide

all the little extras.



- Would you like to know more about why sleep is important for our health and emotional well-being?
 - Does your child struggle with their sleep?
- Would you like to access help and support to improve sleep and bedtime routines?
 - Would you like to meet other parents/carers to share and discuss experiences?

SLEEP TIGHT WORKSHOP

Starts on Monday 15th April 2024 from 9.30am to 11.30am at Whitchurch Infants School, Station Road, SY13 1RJ

Starts Wednesday 17th April 2024 from 9.30am to 11.30am Virtually via MS Teams

Starts Monday 10th June 2024 from 12.30pm to 2.30pm at Bridgnorth Youth Centre

Starts Wednesday 12th June 2024 from 9.30am to 11.30am Virtually via MS Teams

The workshops are delivered virtually via MS Teams or face to face at a venue in Shropshire. Our workshops run for 5 weeks from the start date excluding the School Holidays.

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:
Emailing Parenting.team@shropshire.gov.uk
Or call us on 01743 250950

All our Workshops are free to Shropshire Council residents.



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

If you would like to find out about further help and support the Parenting Team offer please email Parenting.team@shropshire.gov.uk or call us on 01743 250950. All our services are free of charge to Shropshire Council residents.



PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021



www.shropshire.gov.uk
General Enquiries: 0345 678 9000

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?



UNDERSTANDING YOUR CHILD GROUPS From Toddler to Teen

Understanding Your Child starts on Wednesday 10th April 2024 From 12.30pm to 2.30pm in Shrewsbury at Sunflower House

Understanding Your Child SEND starts on Thursday 11th April 2024 from 9.30am to 11.30am Virtually via MS Teams

Understanding Your Child starts on Thursday 11th April 2024 From 1.15pm to 3.15pm in Bridgnorth at St Marys Bluecoat Primary School

Understanding Your Child SEND starts on Friday 12th April 2024 From 09.30am to 11.30am in Shrewsbury at Sunflower House

Understanding Your Child starts on Friday 12th April 2024 from 12.30pm to 2.30pm Virtually via MS Teams

The groups are delivered Virtually via MS Teams or Face to Face at a venue in Shropshire. All our groups run for 10 weeks from the start date excluding the School Holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place on one of our groups or for further information on the groups we run please contact the Parenting Team by: Emailing: Parenting.team@shropshire.gov.uk or call us on telephone: 01743 250950

All our groups are free to Shropshire Council residents.



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CLOSURE NOTICE

from Shropshire Beam and Shropshire Wellbeing Zones Services

Shropshire Beam has been operating with the BeeU partnership in the area since 2017 and over the years we have supported many fantastic children, young people & parents. Unfortunately, our funding will come to an end in April 2024 and as a result both the Beam and Wellbeing Zone service will close.

Within the past year The Children's Society have had the privilege to work with 1578 young people for individual support and 4607 young people in therapeutic workshops. We recognise the impact this will have in the area once our service closes and are terribly disappointed by the news the funding will not continue.

Our staff have started to notify our children, young people and their families of the closure, with further details to be shared on wider TCS social media accounts. We have also provided links to our website which has a range of resources which will support children, young people and parents whilst identifying other great services across Shropshire, Telford and Wrekin.

There is so much for us to be proud of and we greatly appreciate all Shropshire Beam and Wellbeing Zone teams and would like to thank you for your support over these fabulous years.

The Children's Society Beam & Wellbeing Zone Teams

@ShropshireBeam

Should you wish to address this closure with comment please do send an email to The Service Manager at shropshirebeam@childrenssociety.org.uk



Dear Parents

On Wednesday Cound class had a fantastic trip to Shrewsbury. They behaved impeccably and were a real credit to the school. We visited several landmarks around the town before heading to SMAG where we took part in a printing workshop. I will be collecting the finished pieces next week as they take a few days to dry.

We are now into Week 2 of our new end of the day class story "Shona Sharma – Looking After Planet Earth." It has been lovely to see the children place posters and notes they have made around the classroom reminding us to turn the lights off, the taps off and the heating down.

In Computing, we have had great fun learning how to program a floor robot and have sent it on a journey around a map of the British Isles to visit the 4 countries and the 4 capital cities.

D & T Lesson - Tuesday 5th - RECEPTION CHILDREN ONLY! Please bring in a named teddy (not too big) for their D&T lesson next Tuesday please?

Date for your Diary - Mrs Ross is organising a Stay and Play for Tuesday 19th March from 1.45pm. Further details to follow.

Next week our Reception children will be creating scarecrows. If you can help by providing any of these materials, we would be most grateful to receive them. Please can you bring in anything you have on Wednesday 6th March.

Kind regards

Miss Wilde

- ❓ Junk modelling materials
- ❓ Bamboo canes
- ❓ Old clothes, e.g. shirt or jumper, trousers, hat, gloves
- ❓ Old pairs of tights
- ❓ Straw to stuff the scarecrow



At The National College, our **WakeUpWednesday** guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit nationalonline-safety.com

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

- 1. DESIGNATE A TRUSTED ADULT**
It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – play through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.
- 2. MEET CHILDREN HALFWAY**
Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, young boys and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering support for self-regulation, it could be better to start co-regulating with a trusted adult first.
- 3. FACTOR IN THEIR BASIC NEEDS**
Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and/or in pain – as well as those who have experienced adverse childhood experiences – are more likely to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.
- 4. REMAIN PATIENT**
If a child is struggling with their emotions, it can often be difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger should negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problems.
- 5. BE A DYSREGULATION DETECTIVE**
While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child is calm and not dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, or an object they're using, or something else entirely. Once you identify some triggers, we can help to avoid or overcome them.
- 6. USE SUITABLE LITERATURE**
There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content, ask questions about what feelings the characters had, why they felt that way and what strategies helped them. Each one can be useful to refer back to snippets of these books at appropriate moments.
- 7. TRY SENSORY RESOURCES**
An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fidget lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.
- 8. NURTURE INDEPENDENCE**
If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, but encourage them to share any helpful strategies with a trusted adult.
- 9. MODEL GENUINE FEELINGS**
Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. When you do, you're obviously not to avoid sharing anything for personal with children. The point is to show them you're experiencing and handling our own feelings. They then learn how to do it themselves and how to respond in a healthy manner.
- 10. FORMULATE A PLAN**
As much as we try to prevent children from experiencing dysregulation, it's always better to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one. It's hugely important to know in advance what might help and what would worsen the situation.

Meet Our Expert
Dr Claire Sulzberger is an online safety consultant, educator and researcher who has written and presented on child online safety and digital wellbeing policies for schools. She has written various educational papers and created our resources for the Government and the Department of Education and is a leading authority on young people in the UK, USA and Australia.

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit nationalonline-safety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about WHATSAPP

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients (not even WhatsApp can read them). Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp business features, not to personal messages.

16+
UK AND EUROPE
THE REST OF THE WORLD

WHAT ARE THE RISKS?
SCAMS
Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to claim their prize. Other common scams include warning someone that their WhatsApp subscription has run out, or asking to sign them into disclosing payment details for a prize. If you're unsure, it's best to ask for money to be transferred to help with an emergency.

DISAPPEARING MESSAGES
Users can set WhatsApp messages to disappear after 24 hours. They can also be instructed to disappear after 2 minutes. Messages that disappear after 2 minutes can't be saved or forwarded – so if your child is sending a sensitive message, it would be difficult to prove if someone else had seen it. However, they can take a screenshot and save that as evidence.

ENABLING FAKE NEWS
WhatsApp has unfortunately been linked to spreading the spread of disinformation. In India in 2018, some outbreaks of measles were linked to WhatsApp rumours by false allegations being shared on the app. WhatsApp has since taken steps to prevent its users circulating hazardous disinformation and spreading rumours, such as the Covid-19 pandemic.

POTENTIAL CYBERBULLYING
Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admin' feature gives the admin(s) of a group chat or video call the ability to send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

CONTACT WITH STRANGERS
To start a WhatsApp chat, you only need to enter the name of the person you want to message (not their phone number or the app). WhatsApp can access the 'public' information on social media and recognise which of its contacts also use WhatsApp. This means that you don't have to enter their phone number to someone who you don't know. They can also use it to contact them via WhatsApp.

LOCATION SHARING
The five location feature lets users share their current whereabouts. It's important to be aware that WhatsApp describes it as a 'simple and secure way to let people know where you are'. It is a useful method for a young person who's out and about, but if they use it in a chat with people they don't know, they may be exposing their location to them, too.

Advice for Parents & Carers

CREATE A SAFE PROFILE
Even though someone would need a child's phone number to add them as a contact, it's still worth offering a young person a profile settings to restrict who can see their photos and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two means that your child's profile is better protected.

EXPLAIN ABOUT BLOCKING
If your child receives spam or offensive messages, calls or files from a contact, they should block them using settings in the chat. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.

REPORT POTENTIAL SCAMS
Young people shouldn't engage with any message that looks suspicious or too good to be true. When they do receive a message from an unknown number for the first time, they should be encouraged to report it as spam. If the sender claims to be a friend or family member, call that person on their usual number to verify it is them, or if it's a friend, ask them to check your child when they speak to you.

LEAVE A GROUP
If your child is in a group chat that is making them feel uncomfortable, or if they have been added to a group that they don't want to be in, they can leave the group. They can do this by going to the group chat and tapping on the group name at the top. The options are 'leave group', 'add to favourites' and 'share this group'. If they choose 'leave group', the admin can see that they've left, but they won't be able to see the group again.

THINK ABOUT LOCATION
If your child needs to use the five location function to show you or one of their friends where they are, please don't share their location on for as long as they need to. They should be aware that sharing their location on WhatsApp is also sharing their position on social media as it is permanent.

DELETE ACCIDENTAL MESSAGES
If you've sent a message that you don't want to delete, WhatsApp allows the user to delete a message (to be deleted for everyone). However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.

CHECK THE FACTS
You can now fact-check messages that have been forwarded at least five times. You can do this by tapping on the message and then tapping on the 'check facts' icon. This will take you to the relevant article on the internet. You can also tap on the 'check facts' icon to see if the message is true or not.

Meet Our Expert
Parvati Kaur is a social media expert and digital media specialist who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media world and is a member of the UK's leading digital resource that helps parents and children thrive in a digital world.

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalonline-safety.com for further guides, hints and tips for adults.

SMARTPHONE SAFETY TIPS for young people

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

- NEVER SHARE YOUR PASSCODE**
Alphanumeric faces or fingerprint recognition, your passcode is a crucial barrier to your phone. It's important to keep your passcode safe and personal information. You shouldn't give it out to anyone, even if they say they won't tell anyone else. You wouldn't want them to use your passcode to access your photos and messages, or to use your phone to make purchases or to spy on your fun. But to help you avoid these risks, here are some tips to help you keep your passcode safe and secure. Always use your phone while respecting their wishes.
- ONLY USE AGE-APPROPRIATE APPS**
Before downloading a new app or game, check what age rating it has. It's important to use apps that are suitable for your age. If you're unsure, it's best to ask a trusted adult for advice. Some apps may be suitable for your age, but they may not be suitable for your interests. Always check the app's description and reviews before downloading it.
- RESPECT PARENTAL CONTROLS**
If you're allowed to have a smartphone, it's because your parents and carers feel you're mature and responsible enough to use it safely. They might set controls and boundaries to help you avoid these risks. It's important to respect their wishes and to use your phone responsibly.
- TALK TO A TRUSTED ADULT**
Whether it's to listen to music, play games, create content or chat with friends, a smartphone is a great way to have fun. If you're ever feeling unsure, worried or concerned about anything on your phone, then something isn't right. It's important to talk to a trusted adult about what's happening and how it's making you feel.
- STAY ALERT**
Your phone is a great tool, but it's also easy to get distracted by. It's important to stay alert and to be aware of your surroundings. Don't use your phone while walking or driving, and don't use it for too long at a time.
- DEVELOP HEALTHY HABITS**
Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. It's important to set boundaries for yourself. Try taking time limits on certain apps, putting your phone down for a while gives you more time to interact with others in a safe and something physical that helps keep us fit and healthy.
- IGNORE UNKNOWN NUMBERS**
There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.
- SWITCH OFF GEOLOCATION**
In your phone's settings, you'll be able to make a distinction for individual apps and photos; this means that you can choose to share your location with certain apps, but not with others. This is important to do to protect your privacy and to prevent scammers from using your location to track you.
- THINK ABOUT OTHERS**
Watching videos, listening to music or calling someone can help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to be mindful of other people, though; they might not want to hear your voice or see your location. It's important to be respectful and to be aware of other people's feelings.

Meet Our Expert
Dr Claire Sulzberger is an online safety consultant, educator and researcher who has written and presented on child online safety and digital wellbeing policies for schools. She has written various educational papers and created our resources for the Government and the Department of Education and is a leading authority on young people in the UK, USA and Australia.

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What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrains young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**
Algorithms rank content by user interest; someone who regularly interacts with a particular type of content will see the latest results at the top of their feed. If you're unsure what content that can cause harm, that's what will be recommended to them. Someone who's had a bad day and looks for posts about self-harm will find similar content being suggested to them more often.
- 2. AVOID THE MAIN FEEDS**
Avoiding the default feeds on social media platforms limits the amount of recommendations that they'll see. Users can opt to follow, unfollow, mute or block accounts. They can also choose to see a mix of content from different sources. This can help to reduce the amount of harmful content that they see. It's important to be aware of the content that you're consuming and to be mindful of how it's making you feel.
- 3. DISCUSS WHAT THEY'VE SEEN**
Chatting about what your child's seen online helps them to process what they're interacting with. Don't assume that platforms are censoring out inappropriate material, or even that they're filtering out harmful content. It's important to be open and to be aware of what's coming up in their feeds: 'alarm bells' that they should be aware of. It's important to be open and to be aware of what's coming up in their feeds: 'alarm bells' that they should be aware of.
- 4. LEARN HOW TO HIDE CONTENT**
If your child stumbles across content that's upsetting or harmful, there's the option to hide that post, or to block the account. It's important to be aware of the content that you're consuming and to be mindful of how it's making you feel.
- 5. SET DAILY LIMITS**
Phones and most apps can track how long you spend on them. Spending too long online can mean that you're not getting enough sleep, and that you're not taking time to do other things that are important to you. It's important to be aware of the content that you're consuming and to be mindful of how it's making you feel.
- 6. MONITOR THEIR ACTIVITY**
Keeping a discreet eye on how your child uses their phone can help you to be aware of their mental wellness. It's important to be open and to be aware of what's coming up in their feeds: 'alarm bells' that they should be aware of.
- 7. TURN OFF PUSH NOTIFICATIONS**
Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to spend more time on their devices, and to be aware of their mental wellness. It's important to be open and to be aware of what's coming up in their feeds: 'alarm bells' that they should be aware of.
- 8. USE DEVICES TOGETHER**
Giving children internet-enabled devices and complete freedom to explore platforms on their own can be a challenge. It's important to be open and to be aware of what's coming up in their feeds: 'alarm bells' that they should be aware of.
- 9. ENCOURAGE OTHER ACTIVITIES**
Mental health professionals often highlight the importance of exercise, quality time with loved ones and a balanced diet and restful sleep for our mental wellness. Spending too much time on social media can mean that you're not taking time to do other things that are important to you. It's important to be open and to be aware of what's coming up in their feeds: 'alarm bells' that they should be aware of.
- 10. TALK ABOUT PEER PRESSURE**
Most platforms default children's accounts to private, so only people that you approve can see your posts. This reduces the risk of cyberbullying or peer pressure, but it's important to be aware of the content that you're consuming and to be mindful of how it's making you feel.

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Dear Parents,

It's been a brilliant few weeks in Class Severn. We've begun our Art unit – Cloth, Thread, Paint, developed our compass reading skills in geography, and have been exploring states of matter in Science. Year 5s and 6s also enjoyed a brilliant few days taking part in Bikeability!

This week, we also joined the schools across the Federation for a brilliant singing practice for Shropshire Sings. Please return any permission slips for Shropshire Sings into school so that we can confirm numbers for the event on Monday 10th June.

Our Year 6s have had a brilliant start to their SATs revision. Year 6 parents, and pupils, are invited to join me for an information session on Monday 4th March at 3.30pm. During this session we will explain how SATs work, how we are supporting your child through them, and tips for supporting your child at home.

Upcoming events:

SATs Parent Meeting: 3.30pm 4th March

Mother's Day Lunch: 6th March

World Book Day: 7th March

Live Arts Performance: 10th March

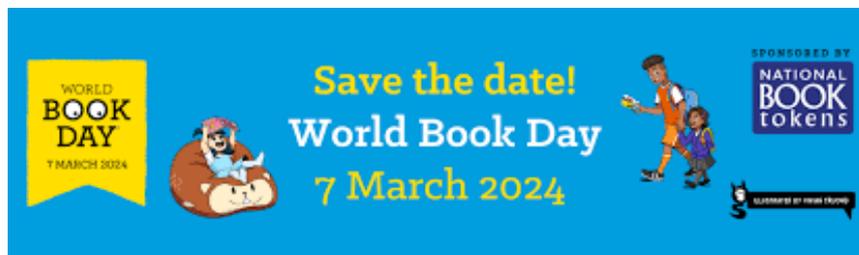
British Science Week: 11th- 15th March

We continue to set homework every Tuesday, due in the following Monday. PE kits should come into school on Monday and be taken home on Fridays. Outdoor Learning will continue to take place for the rest of the year on Friday afternoons. If you have any questions, please do not hesitate to contact the school to make an appointment, send me an email, or catch me on the playground at the end of the day. Thank you for your brilliant support.

Best wishes,

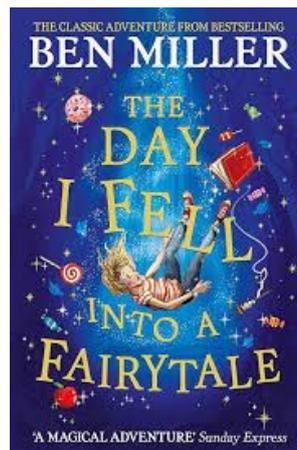
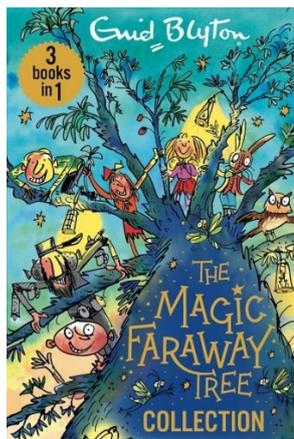
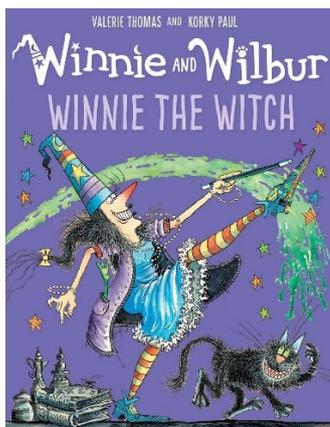
Mrs Williams



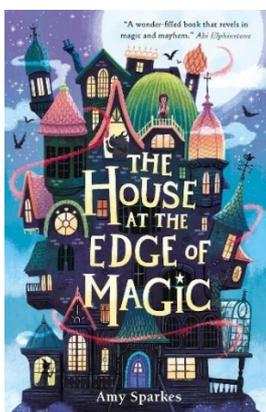
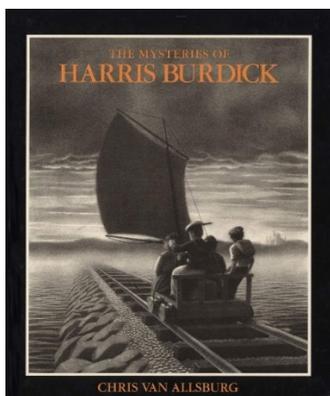


As part of our celebration of World Book Day with its theme “Mystery and Magic”, we have sourced a few books as **recommended reads** for display in school.

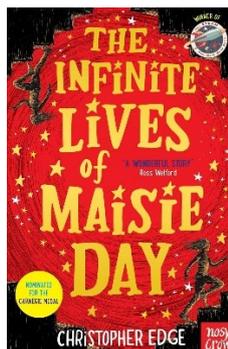
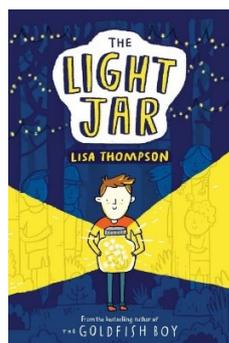
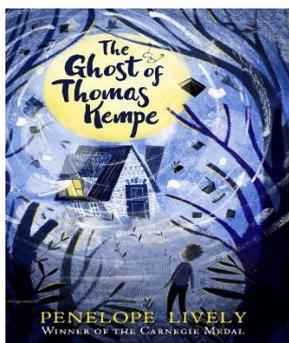
Ages 5-7



Age 8-9



Age 9-11



WORLD
BOOK
DAY
7 MARCH 2024

MENU

The Tiger who came to Tea
Sophie's Sausages (Pork & Vegetarian)

The Hungry Caterpillar
Cheese & Vegetable Stacker v

Nimbus 2001
Garlic & Herb Wedges

Bertie Bott's everyday favourite Baked Beans

Fungus the Bogey Man
Green Slime Jelly

Harry Potter's
Butterbeer (Butterscotch Angel Delight)



www.shireservices.co.uk

Food Allergies & Intolerances - Before ordering, please speak to our staff about your requirements

CHOCOLATE TUESDAY

A selection of
chocolate
desserts
every
Tuesday



WHAT
WILL YOU
CHOOSE?



there will
be lots of
favourites like
Chocolate
Cookies
Brownies
& Cupcakes
to name a few...

Fresh DINING

Food Allergies & Intolerances - Before ordering, please speak to our staff about your requirements

BREAKFAST WITH THE EASTER BUNNY!!



SATURDAY 23TH MARCH 2024

Church Preen Village Hall

9AM UNTIL 11AM

**ENJOY A BUFFET BREAKFAST WITH THE EASTER BUNNY
EGG HUNT * EASTER CRAFTS AND GAMES * PRIZES**

EASTER BONNET COMPETITION

(MAKE YOURS AT HOME AND PRIZES WILL BE GIVEN ON THE DAY)

CHILDREN £8 (to include an Easter gift as well as breakfast)

ADULTS £5 (to include breakfast bap, tea, coffee or juice)

FOR TICKETS CONTACT

Jess 07972516969

A ticket will be required for entry
Church Preen Preschool Committee
Registered Charity 1033121

h a p p y
e a s t e r

New events (in bold) so please keep an eye on the diary

March

Tuesday's in March - Special Lunch Menu

SATs Parent Meeting: 3.30pm 4th March

6th & 13th Mothers Day Lunch -details to follow

7th - World Book Day & Special Lunch

10th March: Live Arts Performance

11th- 15th March: British Science Week

Tuesday 12th March - Parents Consultation- **Appointment slips returned via your child**

21st - LKS2 PE Event - Church Preen

22nd - Cressage Cup

Monday 25th March - Friday 5th April - Easter Holidays

April

Thursday 11th to Friday 12th April - Y3/4 Residential

17th - Cricket Engagement Day

24th - Y5/6 Oaker wood Residential

May

Monday 6th May - Bank Holiday

Monday 27th - Friday 31st - HALF TERM

Friday 19th July - End of Term



shutterstock.com - 281364161

Are you following us on our
social media platforms or missing out?

Twitter: @churchpreen

Facebook: @churchpreenprimaryschool



Menu Weeks & Additional Information

WEEK 1

04/09/2023
25/09/2023
16/10/2023
13/11/2023
04/12/2023
01/01/2024
22/01/2024
19/02/2024
11/03/2024
15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024

WEEK 2

11/09/2023
02/10/2023
23/10/2023
20/11/2023
11/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 3

18/09/2023
09/10/2023
06/11/2023
27/11/2023
18/12/2023
15/01/2024
05/02/2024
04/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Free school meals:

Your child may be eligible for free school meals please contact your school for further information.

Theme day calendar

Look out for these fun menus throughout the year!



for further information
T: 01743 250250
www.shireservices.co.uk



Are you in receipt of any benefits?

Could you be entitled to Free School meals, Even parents of children in Reception, Year 1 and Year 2. Free school meals generates funding for your school so follow the link and see if you are entitled.

<https://shropshire.gov.uk/free-school-meals/>



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

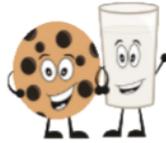


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognese	Chicken Nuggets
OPTION 2	Jacket Potato with Cheese & Baked Beans v	Vegetarian Sausage Roll v	Cheese & Potato Pie v	Vegetable Goujons v	Pizza Selection v
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

WEEK 2

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

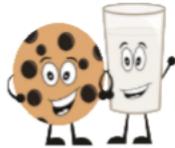


OPTION 1	Fish Finger Fish Cake or Fish Shape	Breaded Chicken Steak	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Pizza Selection	
	OPTION 2	Mac 'n' Cheese v	Quorn Bolognaise v	Roasted Quorn Fillet & Gravy v	Jacket Potato with Cheese & Baked Beans v	Nacho Bites v
	CARBS	Diced Potatoes or Crusty Bread	Potato Crunchies or Garlic & Herb Bread	Roast & Mashed Potatoes	Rice or Potato Wedges	Chips
	PUDDING	Chocolate Crunch	Waffle	Ice-cream Tub	Toffee Apple Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

WEEK 3

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Mac 'n' Cheese Chicken Bake	Shepherd's Pie	
	OPTION 2	BBQ Veggie Hot Dog v	Vegetable & Bean Burger v	Meat (free) Balls Yorkshire Pudding & Gravy v	Jacket Potato with Cheese & Baked Beans v	Pizza Selection v
	CARBS	Pasta or Potato Crunchies	Diced Potatoes	Roast & New Potatoes	Potato Wedges or Garlic & Herb Bread	Chips
	PUDDING	Flapjacks	Iced Cake	Waffle	Apple Puff Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



TERM DATES 2023-24

Monday 4 th September	Training Day for school staff – school not open to pupils
Tuesday 5 th September – Thursday 26 th October	Pupil days
Friday 27 th October	Training day for school staff – school not open to pupils
Monday 30 th October – Friday 3 rd November	Half term holiday
Monday 6 th November – Wednesday 20 th December	Pupil days
Thursday 21 st December – Tuesday 2 nd January	Christmas holiday
Wednesday 3 rd January	Training day for school staff – school not open to pupils
Thursday 4 th January – Friday 9 th February	Pupil days
Monday 12 th February – Friday 16 th February	Half term holiday
Monday 19 th February – Friday 22 nd March	Pupil days
Monday 25 th March – Friday 5 th April	Easter holiday
Monday 8 th April – Friday 24 th May	Pupil days
Monday 6 th May	Bank Holiday - school not open to pupils
Monday 27 th May – Friday 31 st May	Half term holiday
Monday 3 rd June – Friday 19 th July	Pupil days