



# Preen Scene

19th April 2024



Dear Parents and Carers,

Welcome back to what has been a busy start to the Summer term.

Our clamberstack, the new playground equipment kindly funded by the PTA, was installed over the Easter holidays and there has been great excitement about using it.

Last week our Y3 and Y4 pupils went to the Pioneer Centre in Cleobury Mortimer for one night, with their peers from across the federation, where they took part in a variety of adventure activities, including high ropes, zip wire and abseiling. The children had a wonderful time. Thank you to the staff who gave their time to enable this visit to take place.

This week, Tom in Severn Class and mum Louise brought in a ewe and lamb to show us after he enjoyed his very first lambing season. Tom was featured recently on the Farmer's Weekly social media. Congratulations Tom, I'm sure you will make a first-class farmer in the future.

Next week, I am looking forward to joining our Y5/6 pupils for their residential visit, where we will be glamping and enjoying some outdoor adventure activities. Do look out for updates on our social media page.

Finally, as a polite reminder, term time family holidays cannot be authorised, except in exceptional circumstances. It is really important that your child does attend school and arrives on time. Starting the day with a calm arrival is crucial. Walking into the classroom after others can have negative effects on your child where they may feel nervous, embarrassed, worried, and stressed, impacting their ability to absorb new learning so I thank you for your support in this matter.

Mrs Phillips



## Eco Committee

In our school, we are mindful of the impact we have on our planet. Monday 22<sup>nd</sup> April is Earth Day. We have chosen to celebrate this special day by launching our Big Battery Hunt! This nationwide battery recycling programme aims to increase the number of batteries currently being recycled in the UK. Find out more here:

<https://www.bigbatteryhunt.co.uk>

Launched by our Eco-Committee in assembly this week, we invite pupils to collect as many used batteries as they can, and encourage others in their community to do so as well. See below a guide for making a battery recycling container. Once your container is full, bring it into school, and our Eco-Committee will record how many each pupil collects. Based on battery per pupil, we will enter the Duracell Big Battery Hunt competition, where our school could win prizes!

Happy battery hunting!





- Would you like to know more about why sleep is important for our health and emotional well-being?
  - Does your child struggle with their sleep?
- Would you like to access help and support to improve sleep and bedtime routines?
  - Would you like to meet other parents/carers to share and discuss experiences?

### SLEEP TIGHT WORKSHOP

Starts on Monday 15<sup>th</sup> April 2024 from 9.30am to 11.30am at Whitchurch Infants School, Station Road, SY13 1RJ

Starts Wednesday 17<sup>th</sup> April 2024 from 9.30am to 11.30am Virtually via MS Teams

Starts Monday 10<sup>th</sup> June 2024 from 12.30pm to 2.30pm at Bridgnorth Youth Centre

Starts Wednesday 12<sup>th</sup> June 2024 from 9.30am to 11.30am Virtually via MS Teams

The workshops are delivered virtually via MS Teams or face to face at a venue in Shropshire. Our workshops run for 5 weeks from the start date excluding the School Holidays.

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:  
Emailing [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk)  
Or call us on 01743 250950

All our Workshops are free to Shropshire Council residents.



If you would like to find out about further help and support the Parenting Team offer please email [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk) or call us on 01743 250950. All our services are free of charge to Shropshire Council residents.



### PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

**01743 250950**

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

**First Point of Contact 0345 678 9021**



- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?



### UNDERSTANDING YOUR CHILD GROUPS From Toddler to Teen

Understanding Your Child starts on Wednesday 10<sup>th</sup> April 2024 From 12.30pm to 2.30pm in Shrewsbury at Sunflower House

Understanding Your Child SEND starts on Thursday 11<sup>th</sup> April 2024 from 9.30am to 11.30am Virtually via MS Teams

Understanding Your Child starts on Thursday 11<sup>th</sup> April 2024 From 1.15pm to 3.15pm in Bridgnorth at St Marys Bluecoat Primary School

Understanding Your Child SEND starts on Friday 12<sup>th</sup> April 2024 From 09.30am to 11.30am in Shrewsbury at Sunflower House

Understanding Your Child starts on Friday 12<sup>th</sup> April 2024 from 12.30pm to 2.30pm Virtually via MS Teams

The groups are delivered Virtually via MS Teams or Face to Face at a venue in Shropshire.

All our groups run for 10 weeks from the start date excluding the School Holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place on one of our groups or for further information on the groups we run please contact the Parenting Team by: Emailing: [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk) or call us on telephone: 01743 250950

All our groups are free to Shropshire Council residents.



## CLOSURE NOTICE

### from Shropshire Beam and Shropshire Wellbeing Zones Services

Shropshire Beam has been operating with the BeeU partnership in the area since 2017 and over the years we have supported many fantastic children, young people & parents. Unfortunately, our funding will come to an end in April 2024 and as a result both the Beam and Wellbeing Zone service will close.

Within the past year The Children's Society have had the privilege to work with 1578 young people for individual support and 4607 young people in therapeutic workshops. We recognise the impact this will have in the area once our service closes and are terribly disappointed by the news the funding will not continue.

Our staff have started to notify our children, young people and their families of the closure, with further details to be shared on wider TCS social media accounts. We have also provided links to our website which has a range of resources which will support children, young people and parents whilst identifying other great services across Shropshire, Telford and Wrekin.

There is so much for us to be proud of and we greatly appreciate all Shropshire Beam and Wellbeing Zone teams and would like to thank you for your support over these fabulous years.

The Children's Society Beam & Wellbeing Zone Teams

@ShropshireBeam

Should you wish to address this closure with comment please do send an email to The Service Manager at [shropshirebeam@childrenssociety.org.uk](mailto:shropshirebeam@childrenssociety.org.uk)



Dear Parents,

It's been a wonderful start to the summer term in Class Severn! In lead up to the Paris Olympics, Class Severn will be learning about The Ancient Greeks. We will discover links to the Olympics in our local area, and how Ancient Greece has influenced the world today. The children have thoroughly enjoyed performing scenes from A Midsummer Night's Dream (set in Athens), as we explore the world of Shakespeare.

Year 3&4 pupils had a brilliant time on their residential to Pioneer. From zip wires to caving, rock climbing to archery, the children all had the courage to step out of their comfort zone and try something new! We are so proud of our pupils taking responsibility for their belongings, developing their communication skills, and supporting their peers through each activity.

This week, we also had a lovely treat! At Church Preen, we love celebrating our rural identity. Earlier this term, one of our pupils was featured in Farmers Weekly sharing his lambing season story. Presented in a fantastic assembly to the whole school, he explained the lambing process and shared their success showing Oreo the sheep at local agricultural shows. Pupils then got to meet some of this season's gorgeous lambs: Boris and Daffodil with mum, Bluebell. Huge thank you to parents for helping facilitate this wonderful experience.

This term we will be holding a range of events, linking to schools across the county. Keep an eye out for any communications via Scholar Pack mail.

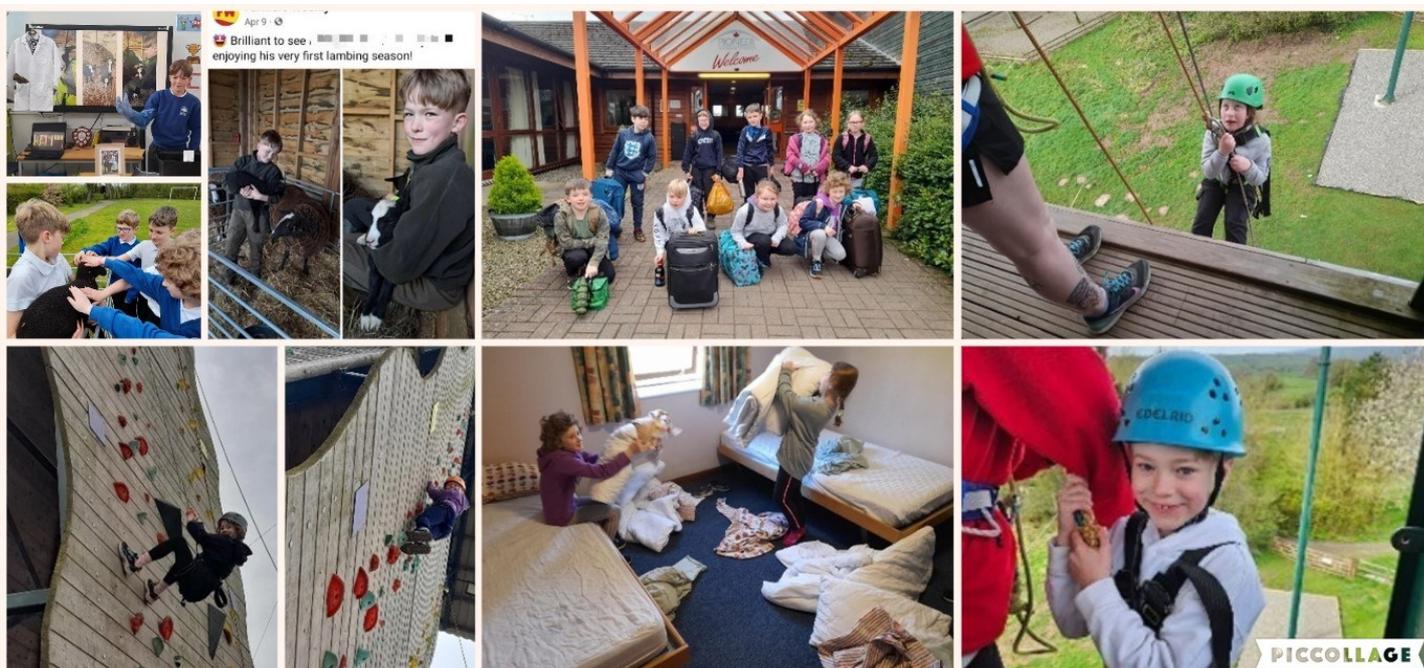
Upcoming dates:

23<sup>rd</sup> – 25<sup>th</sup> April: Year 5&6 Residential – Oakerwood

13<sup>th</sup> – 16<sup>th</sup> May: Year 6 SATs

If you have any questions, please do not hesitate to contact the school to make an appointment, send me an email, or catch me on the playground at the end of the day. Thank you for your ongoing support.

Best wishes, Mrs Williams



At The National College, our **WakeUpWednesday** guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit [nationalonline-safety.com](http://nationalonline-safety.com)

# 10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

- 1. DESIGNATE A TRUSTED ADULT**  
It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.
- 2. MEET CHILDREN HALFWAY**  
Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, young boys and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'see-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.
- 3. FACTOR IN THEIR BASIC NEEDS**  
Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.
- 4. REMAIN PATIENT**  
If a child is struggling with their emotions, it can often be difficult to stay calm. Remember that dysregulation is a frustration or anger-based response, not an intention. Instead, children need to be met with comfort and understanding to help them manage these problems and feelings.
- 5. BE 'A DYSREGULATION DETECTIVE'**  
While some children can tell you why they became dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child is calm and not dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, on their favourite toy, or something else entirely. Once you identify some triggers, you may help to avoid or overcome them.
- 6. USE SUITABLE LITERATURE**  
There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content, ask questions about what feelings the characters had, why they felt that way and what strategies helped them. You can also be useful to refer back to snippets of these books at appropriate moments.
- 7. TRY SENSORY RESOURCES**  
An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fidget toys. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.
- 8. NURTURE INDEPENDENCE**  
If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, but encourage them to share any helpful strategies with a trusted adult.
- 9. MODEL GENUINE FEELINGS**  
Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. When you obviously aren't doing anything for yourself, you're experiencing and handling your own feelings. Children learn from this and see how to respond in a healthy manner.
- 10. FORMULATE A PLAN**  
As much as we try to prevent children from experiencing dysregulation, it's always best to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one. It's hugely important to know in advance what might help and what could worsen the situation.

**Meet Our Expert**  
Dr Claire Sutherland is an online safety consultant, educator and researcher who has been involved in numerous research projects and has written several policy papers for schools. She has written various educational papers and content for websites for the Department for Education and is a frequent speaker at conferences and events for parents and teachers of children with SEND.

**#WakeUpWednesday** The National College

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [nationalonline-safety.com](http://nationalonline-safety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about WHATSAPP

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients (not even WhatsApp can read them). Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp business features, not to personal messages.

**WHAT ARE THE RISKS?**

- SCAMS**  
Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to claim their prize. Other common scams involve warning someone that their WhatsApp subscription has run out or urging to sign them into disclosing payment details or impersonating a friend or relative and asking for money to be transferred to help with an emergency.
- DISAPPEARING MESSAGES**  
Users can set WhatsApp messages to disappear after 24 hours. They can't be deleted by the sender and can also be instructed to disappear after 7 days. Messages can't be saved or forwarded – so if your child sends a message to a friend, it won't be saved. It would be difficult to prove if someone had taken a screenshot and saved that as evidence.
- ENABLING FACE NEWS**  
WhatsApp has unfortunately been linked to accelerating the spread of disinformation. In India in 2018, some outbreaks of measles were linked to WhatsApp messages that spread false allegations being shared on the app. WhatsApp has since taken steps to prevent its users circulating hazardous rumours and speculation in the wake of the Covid-19 pandemic.

**Advice for Parents & Carers** [CLICK HERE](#)

- CREATE A SAFE PROFILE**  
Even though someone would need a child's phone number to add them as a contact, it's also worth offering your personal profile settings to restrict who can see their photos and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two ensures that your child's profile is better protected.
- EXPLAIN ABOUT BLOCKING**  
If your child receives spam or offensive messages, calls or files from a contact, they should block them using settings in the app. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.
- REPORT POTENTIAL SCAMS**  
Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they should be encouraged to report it as spam. If the sender claims to be a friend or family member, call that person on their usual number to verify it's them, or if a friend or family member, ask your child when they last spoke to them to see if the message was true or not.
- LEAVE A GROUP**  
If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be in, they can leave the group. They can do this by going to the group chat, tapping on the group name at the top, tapping on 'leave group' and then confirming they want to leave. Once they've done this, they won't be able to see the group chat again.
- THINK ABOUT LOCATION**  
If your child needs to use the 'live location' function to show you or one of their friends where they are, you should think about whether you need to share their location for as long as they need to. You can set a timer for how long the location is shared, and you can turn off location sharing when you're done. If you're not sure, you can always turn it off.
- DELETE ACCIDENTAL MESSAGES**  
If your child sends a message they don't want to delete, WhatsApp allows them to undo a message for up to two minutes. After that time, they can still delete the message, but it will be deleted for everyone. However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.
- CHECK THE FACTS**  
You can now fact-check text messages that you've received. You can now forward a message to a friend to fact-check it. You can also tap on a message to see if it's been fact-checked. If it has, you'll see a green checkmark next to the message. If it hasn't, you'll see a red checkmark. You can also tap on a message to see if it's been fact-checked. If it has, you'll see a green checkmark next to the message. If it hasn't, you'll see a red checkmark.

**Meet Our Expert**  
Parvina Khan is a social media expert and digital media specialist who has been working in the field of digital marketing for over 10 years. She has extensive experience in the social media arena and is a member of the Digital Marketing Institute (DMI). She is a frequent speaker at conferences and events for parents and teachers of children with SEND.

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# SMARTPHONE SAFETY TIPS for young people

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it's for your first phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

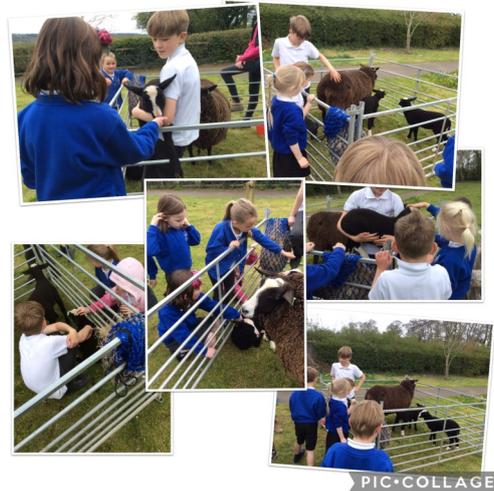
- NEVER SHARE YOUR PASSCODE**  
Alongside face or fingerprint recognition, your passcode is a crucial element of your phone's security. Never share your passcode with anyone, including your friends and family. If you do, you wouldn't have them as a key to your phone and you wouldn't be able to lock it down if you're not around. If a friend wants to see your phone, ask them why and make sure you can see what they're doing with it.
- RESPECT PARENTAL CONTROLS**  
If you're allowed to have a smartphone, it's because your parents or carers feel that you're responsible and capable enough to use it safely. They might set controls and boundaries on your device, not to spoil your fun but to help you avoid being lured into scams or other risky in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.
- TALK TO A TRUSTED ADULT**  
Whether it's to listen to music, play games, create content or chat with friends, a smartphone is a powerful tool. If you're ever feeling anxious, worried or confused about anything on your phone, then something isn't right. It's important to talk to a trusted adult about what's happening and how it's making you feel.
- STAY ALERT**  
Two words: look up. It might sound obvious, but it's so easy to get distracted by notifications or by listening to an audio podcast or watching a video on your phone. It's important to be aware of your surroundings – or who might be around you. People often walk with their heads down, focusing on their phone, and forget to check for pedestrians in their path, cars or other pedestrians coming towards them, which is clearly dangerous.
- DEVELOP HEALTHY HABITS**  
Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. It's important to set boundaries for yourself, such as not checking your phone for a while while you're sleeping, or not checking your phone for a while while you're at school or work. It's also important to take breaks from your phone, and to do something physical that helps keep you fit and healthy.
- IGNORE UNKNOWN NUMBERS**  
There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or text you. If you're unsure, don't give out your personal details, and never give your personal details out over the phone.
- SWITCH OFF GEOLOCATION**  
In your phone's settings, you'll be able to disable location for individual apps and photos; this means that apps and photos (including strangers) can't see information about your location. If you're using a business app, you should turn off location services. If you're using a social media app, you should turn off location services. If you're using a dating app, you should turn off location services. If you're using a navigation app, you should turn off location services. If you're using a weather app, you should turn off location services. If you're using a news app, you should turn off location services. If you're using a music app, you should turn off location services. If you're using a video app, you should turn off location services. If you're using a photo app, you should turn off location services. If you're using a calendar app, you should turn off location services. If you're using a notes app, you should turn off location services. 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**Cound Class** have had a very busy and exciting week.

Wednesday saw them enjoy some cricket games with Lara and Craig from Shropshire cricket. There was certainly a lot of enthusiasm, resilliance and team work on display.

On Thursday Tom from Severn class delivered an informative assembly on his sheep and then we had the pleasure of meeting Bluebell and her lambs, Daffodil and Boris in the afternoon.

To round the week off we immersed ourselves in some science, exploring seeds and bulbs. Thank you to Harley Nurseries for their kind donation of some daffodil bulbs for us to cut and examine as well as looking at the plants from roots to flowers.



This week in RE KS1 have been finding out about a sacred places- the children found out about why Muslims try to go to Mecca at least once in their lifetime. Reception have been talking about what special things are inside a church and why this is a special place for Christians. We are planning to visit a church in the next few weeks to find out more about these things. In History, the children have enjoyed learning about the amazing discovery of fossilised mammoth bones in 1986 only 6 miles away from our school. Reception made a wonderful ice age scene complete with woolly mammoths in our classroom. We will be learning why there are so many castles in Shropshire over the coming weeks so why not go and explore one of them and bring in some photographs of your visit? Ludlow, Stokesay and Whittington castles are all nearby!

**Reading for pleasure:** Cound class have been enjoying the class story Sona Sharma and had a go at making Kolam (Rangoli) patterns at lunch time on Tuesday- it was lovely to feel the sun on our backs!

**Reading club:** Mrs Ross will be introducing the children to the Author Dick King Smith and finding out about some of the books he has written, such as The Sheep Pig, The Hodgeheg and The Queen's Nose.

We will also be holding an after school event for parents on Tuesday 30<sup>th</sup> April- called "How to support your child with reading." Mrs Ross and Mrs Williams will be there to offer ideas suitable from early readers to more fluent readers. 15.30-16.30pm in the school hall and library. A letter + reply slip will be going out shortly.



## Cricket Engagement Day

On Wednesday the school welcomed Lara and Craig from Shropshire Cricket to host a day packed with learning opportunities to develop cricket skills. Learning all about the beautiful game of cricket from fielding to batting skills and most importantly team work was the order of the day! We have some very promising players within our school community who showed great promise.

Cound Cricket club will be hosting the All Stars cricket training sessions again this year on a Sunday morning 10:30–11:15am starting on the 19th May. So if your child was enthused about the experience they had why not try this out and develop what could be a life long love of the game. Register on the All Stars website details are on the leaflet sent home with the children .



**COUND CRICKET CLUB**  
**JUNIOR TRAINING 2024**

Junior training nights- Wednesdays starting the 5th May 6:30-8pm.  
Allstars - Sundays starting 19th May 10:30-11:15am, registration is open via the allstars website now!

All ages, genders and abilities are welcome to train and take part in our teams. Entered into the U11's regional softball league & U13's regional hardball league.

Contact head coach - Holly Fozzard for more details.  
07760884674  
fozzardhollymae@yahoo.co.uk

@coundcc  
Cound Cricket Club  
@Cound Cricket Club

Follow us on socials to keep up to date!



Spring 2 Sports Stars



All keywords completed! Well Done

**New events (in bold) so please keep an eye on the diary**

**April**

23rd -25th - Y5/6 Oaker wood Residential

**May**

**Monday 6th May - Bank Holiday**

**8th—KS1 X Country**

Monday 13th - Thursday 16th - SATS WEEK

**Monday 27th - Friday 31st - HALF TERM**

**June**

Tuesday 4th - School Photographs

**Wednesday 5th—Y5 & Y6—Macbeth Concord College**

**Friday 7th—Y5 & Y6—Crucial Crew**

Monday 10th - KS2 Shropshire Sings 18:30pm

**Tuesday 11th – 16th July SWIMMING & PE SEVERN CLASS**

Friday 14th - Cound Kwik Cricket

**26th—Cound Class—Church Preen Manor visit**

Friday 19th July - End of Term



University Centre  
Shrewsbury is delighted to announce:

## The Young Nature Photographer and The Young Nature Artist of the Year, 2024.

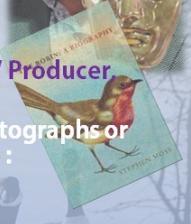
Prizes will be awarded by Stephen Moss: Award winning Naturalist, Author and TV Producer  
at the University Centre Shrewsbury on 27<sup>th</sup> June 2024.

Submit up to 4 of your best nature photographs and/or up to 4 digital copies (photographs or  
digitally created) works of art (yes, you are allowed to enter both competitions) to :  
[naturephoto@chester.ac.uk](mailto:naturephoto@chester.ac.uk) by midnight 30<sup>th</sup> April 2024.

Age categories for both competitions:  
8 under, 9-11, 12- 15, 16-18 and 19-22.

Winners will be notified by the end of May and will be invited to attend the prize ceremony at  
the University Centre Shrewsbury.

PLEASE READ:  
Please state your (child's) full name, age (as of the 1<sup>st</sup> May 2024), and "Photo" or "Art" in the subject line and in the first line of the message.  
If you (your child) are entering the Photography and Art competition, please send two separate emails, but otherwise multiple entries can be submitted in one email.  
Unfortunately, we will not be able to send prizes, so please make sure you are available to come to Shrewsbury on the 27<sup>th</sup> June.  
Any queries, please email [naturephoto@chester.ac.uk](mailto:naturephoto@chester.ac.uk). We can't wait to receive your entries!



shutterstock.com - 281394161

Are you following us on our  
social media platforms or missing out?

Twitter: @churchpreen

Facebook: @churchpreenprimaryschool



# Menu Weeks & Additional Information

## WEEK 1

04/09/2023  
25/09/2023  
16/10/2023  
13/11/2023  
04/12/2023  
01/01/2024  
22/01/2024  
19/02/2024  
11/03/2024  
15/04/2024  
06/05/2024  
03/06/2024  
24/06/2024  
15/07/2024

## WEEK 2

11/09/2023  
02/10/2023  
23/10/2023  
20/11/2023  
11/12/2023  
08/01/2024  
29/01/2024  
26/02/2024  
18/03/2024  
22/04/2024  
13/05/2024  
10/06/2024  
01/07/2024

## WEEK 3

18/09/2023  
09/10/2023  
06/11/2023  
27/11/2023  
18/12/2023  
15/01/2024  
05/02/2024  
04/03/2024  
08/04/2024  
29/04/2024  
20/05/2024  
17/06/2024  
08/07/2024

### Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

### Free school meals:

Your child may be eligible for free school meals please contact your school for further information.

### Theme day calendar

Look out for these fun menus throughout the year!



for further information  
T: 01743 250250  
www.shireservices.co.uk



### Are you in receipt of any benefits?

Could you be entitled to Free School meals, Even parents of children in Reception, Year 1 and Year 2. Free school meals generates funding for your school so follow the link and see if you are entitled.

<https://shropshire.gov.uk/free-school-meals/>



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

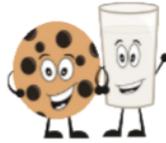


|                 | MONDAY                                    | TUESDAY                   | WEDNESDAY                           | THURSDAY                             | FRIDAY  |
|-----------------|---|---------------------------|-------------------------------------|--------------------------------------|---|
| <b>OPTION 1</b> | Pork Sausages & Gravy                     | BBQ Chicken               | Roast Chicken with Stuffing & Gravy | Spaghetti Bolognese                  | Chicken Nuggets   |
| <b>OPTION 2</b> | Jacket Potato with Cheese & Baked Beans v | Vegetarian Sausage Roll v | Cheese & Potato Pie v               | Vegetable Goujons v                  | Pizza Selection v   |
| <b>CARBS</b>    | Mashed Potatoes or Crusty Bread           | Pasta or Diced Potatoes   | Roast & New Potatoes                | Garlic & Herb Bread or Potato Wedges | Potato Crunchies or Pasta   |
| <b>PUDDING</b>  | Mousse                                    | Waffle                    | Iced Cake                           | Cookies                              | <b>Fruity Friday</b><br>A selection of chilled, frozen & fresh fruit desserts |

**ALL SERVED WITH** - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

# WEEK 2

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

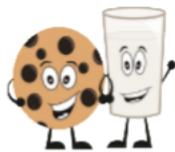


|          |  |   |  |   |   |
|----------|--|---|--|---|---|
| OPTION 1 | Fish Finger<br>Fish Cake<br>or Fish Shape  | Breaded<br>Chicken Steak                      | Roast Beef<br>Yorkshire Pudding<br>& Gravy | Chicken Tikka<br>Masala                         | Pizza Selection   |
|          | Mac 'n' Cheese v                           | Quorn<br>Bolognese v                          | Roasted<br>Quorn Fillet<br>& Gravy v       | Jacket Potato<br>with Cheese<br>& Baked Beans v | Nacho Bites v   |
|          | CARBS<br>Diced Potatoes<br>or Crusty Bread | Potato Crunchies<br>or Garlic & Herb<br>Bread | Roast & Mashed<br>Potatoes                 | Rice<br>or Potato Wedges                        | Chips   |
|          | PUDDING<br>Chocolate<br>Crunch             | Waffle  | Ice-cream Tub                              | Toffee Apple Slice<br>Custard                   | <b>Fruity Friday</b><br>A selection of chilled,<br>frozen & fresh<br>fruit desserts |

**ALL SERVED WITH** - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

# WEEK 3

Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



|          |                                       |                                    |   |   |   |
|----------|---------------------------------------|------------------------------------|---|---|---|
| OPTION 1 | Sweet & Sour<br>Chicken               | Beef Burger<br>with tomato ketchup | Roast Pork<br>Yorkshire Pudding<br>& Gravy          | Mac 'n' Cheese<br>Chicken Bake                  | Shepherd's Pie  |
|          | BBQ Veggie<br>Hot Dog v               | Vegetable &<br>Bean Burger v       | Meat (free) Balls<br>Yorkshire Pudding<br>& Gravy v | Jacket Potato<br>with Cheese<br>& Baked Beans v | Pizza Selection v   |
|          | CARBS<br>Pasta<br>or Potato Crunchies | Diced Potatoes                     | Roast & New<br>Potatoes                             | Potato Wedges<br>or Garlic &<br>Herb Bread      | Chips   |
|          | PUDDING<br>Flapjacks                  | Iced Cake                          | Waffle  | Apple Puff Slice<br>Custard                     | <b>Fruity Friday</b><br>A selection of chilled,<br>frozen & fresh<br>fruit desserts |

**ALL SERVED WITH** - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



## TERM DATES 2023-24

|  |   |
|--|---|
| Monday 4 <sup>th</sup> September   | Training Day for school staff – school not open to pupils |
| Tuesday 5 <sup>th</sup> September –<br>Thursday 26 <sup>th</sup> October | Pupil days  |
| Friday 27 <sup>th</sup> October  | Training day for school staff – school not open to pupils |
| Monday 30 <sup>th</sup> October –<br>Friday 3 <sup>rd</sup> November     | Half term holiday   |
| Monday 6 <sup>th</sup> November –<br>Wednesday 20 <sup>th</sup> December | Pupil days  |
| Thursday 21 <sup>st</sup> December –<br>Tuesday 2 <sup>nd</sup> January  | Christmas holiday   |
| Wednesday 3 <sup>rd</sup> January  | Training day for school staff – school not open to pupils |
| Thursday 4 <sup>th</sup> January –<br>Friday 9 <sup>th</sup> February    | Pupil days  |
| Monday 12 <sup>th</sup> February –<br>Friday 16 <sup>th</sup> February   | Half term holiday   |
| Monday 19 <sup>th</sup> February –<br>Friday 22 <sup>nd</sup> March      | Pupil days  |
| Monday 25 <sup>th</sup> March –<br>Friday 5 <sup>th</sup> April          | Easter holiday  |
| Monday 8 <sup>th</sup> April –<br>Friday 24 <sup>th</sup> May            | Pupil days  |
| Monday 6 <sup>th</sup> May   | Bank Holiday - school not open to pupils                  |
| Monday 27 <sup>th</sup> May –<br>Friday 31 <sup>st</sup> May             | Half term holiday   |
| Monday 3 <sup>rd</sup> June –<br>Friday 19 <sup>th</sup> July            | Pupil days  |