

PE Long Term Planning

Cycle A

	Class 1	Class 2	Class 3
Autumn 1	Throwing and catching skills	Hockey Gymnastics	Netball
Autumn 2	Yoga	Hockey Gymnastics	Hockey
Spring 1	Dance	Net and wall games swimming	Swimming Dance
Spring 2	Ball control skills	Net and wall games	Fitness
Summer 1	Running and jumping skills	Striking and fielding games	Cricket Athletics
Summer 2	Team games	Athletics	Striking and fielding games

Cycle B

	Class 1	Class 2	Class 3
Autumn 1	Throwing and catching skills	Tag rugby Dance	Netball Dance
Autumn 2	Yoga	Tag rugby Dance	Football
Spring 1	Dance	Swimming Multi-skills	Swimming Gymnastics
Spring 2	Ball control skills	Multi-skills	Tag Rugby
Summer 1	Running and jumping skills	Invasion games	Striking and fielding games
Summer 2	Team games	Athletics	Athletics

Commented [PS1]: N 1

KS2 swimming lessons are subject to change and availability of the swimming pool.