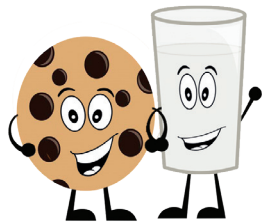




Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

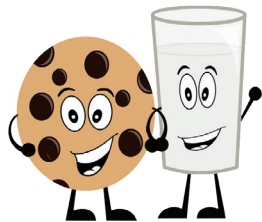


<p>OPTION 1</p> <p>OPTION 2</p> <p>CARBS</p> <p>PUDDING</p>	<p>Pork Sausages & Gravy</p>	<p>BBQ Chicken</p>	<p>Roast Chicken with Stuffing & Gravy</p>	<p>Spaghetti Bolognaise</p>	<p>Chicken Nuggets</p>
	<p>Jacket Potato with Cheese & Baked Beans v</p>	<p>Vegetarian Sausage Roll v</p>	<p>Cheese & Potato Pie v</p>	<p>Vegetable Goujons v</p>	<p>Pizza Selection v</p>
	<p>Mashed Potatoes or Crusty Bread</p>	<p>Pasta or Diced Potatoes</p>	<p>Roast & New Potatoes</p>	<p>Garlic & Herb Bread or Potato Wedges</p>	<p>Potato Crunchies or Pasta</p>
	<p>Mousse</p>	<p>Waffle</p>	<p>Iced Cake</p>	<p>Cookies</p>	<p>Fruity Friday A selection of chilled, frozen & fresh fruit desserts</p>

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



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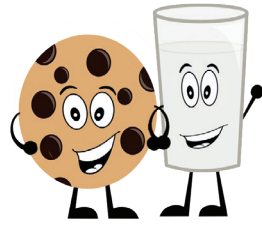


<p>OPTION 1</p> <p>OPTION 2</p> <p>CARBS</p> <p>PUDDING</p>	<p>Fish Finger Fish Cake or Fish Shape</p>	<p>Breaded Chicken Steak</p>	<p>Roast Beef Yorkshire Pudding & Gravy</p>	<p>Chicken Tikka Masala</p>	<p>Pizza Selection</p>
	<p>Mac 'n' Cheese v</p>	<p>Quorn Bolognese v</p>	<p>Roasted Quorn Fillet & Gravy v</p>	<p>Jacket Potato with Cheese & Baked Beans v</p>	<p>Nacho Bites v</p>
	<p>Diced Potatoes or Crusty Bread</p>	<p>Potato Crunchies or Garlic & Herb Bread</p>	<p>Roast & Mashed Potatoes</p>	<p>Rice or Potato Wedges</p>	<p>Chips</p>
	<p>Chocolate Crunch</p>	<p>Waffle</p>	<p>Ice-cream Tub</p>	<p>Toffee Apple Slice Custard</p>	<p>Fruity Friday A selection of chilled, frozen & fresh fruit desserts</p>

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



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<p>OPTION 1</p> <p>OPTION 2</p> <p>CARBS</p> <p>PUDDING</p>	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Mac 'n' Cheese Chicken Bake	Shepherd's Pie
	BBQ Veggie Hot Dog v	Vegetable & Bean Burger v	Meat (free) Balls Yorkshire Pudding & Gravy v	Jacket Potato with Cheese & Baked Beans v	Pizza Selection v
	Pasta or Potato Crunchies	Diced Potatoes	Roast & New Potatoes	Potato Wedges or Garlic & Herb Bread	Chips
	Flapjacks	Iced Cake	Waffle	Apple Puff Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts