



PE Long Term Planning

Our long-term plan is in response to the requirements of the National Curriculum. We follow Get Set 4 PE schemes of work.

Cycle A - KS2 swimming lessons are subject to change and availability of the swimming pool.

	YR	Y1/2	Y3/4	Y5/6
Autumn 1	Introduction to PE	Teambuilding Fundamentals	Netball Tag Rugby	Netball Tag Rugby
Autumn 2	Introduction to PE Yoga	Sending and Receiving Yoga	OAA Dance	OAA Dance
Spring 1	Ball Skills 1 Dance Skills 1	Ball Skills Dance	Swimming Gymnastics	Swimming Gymnastics
Spring 2	Ball Skills 2 Dance Skills 2	Target Games Invasion	Golf Fitness	Golf Fitness
Summer 1	Fundamentals 1 Games 1	Striking and fielding games Fitness	Cricket Athletics	Cricket Athletics
Summer 2	Fundamentals 2 Games 2	Net and Wall Athletics	Rounders Tennis	Rounders Tennis



Cycle B - KS2 swimming lessons are subject to change and availability of the swimming pool.

	YR	Y1/2	Y3/4	Y5/6
Autumn 1	Introduction to PE Fundamentals of PE	Team Building Fundamentals	Fundamentals Y3/4 Netball	Volleyball Y5/6 Netball
Autumn 2	Introduction to PE 2 Yoga	Net and Wall Games Yoga	Hockey Yoga	Hockey Yoga
Spring 1	Ball Skills 1 Dance 1	Ball Skills Dance	Swimming Gymnastics Dance	Swimming Gymnastics Dance
Spring 2	Ball Skills 2 Invasion Games	Target Games Invasion Games	Football Dance	Football Dance
Summer 1	Games 1 Fitness	Sending and Receiving Fitness	Cricket Basketball	Cricket Basketball
Summer 2	Games 2 Athletics	Striking and Fielding Games Athletics	Athletics Tennis	Athletics Tennis